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MEAL CONSUMPTION BEHAVIOR

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National Restaurant Association
Research and Information
Services Department
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INTRODUCTION

The National Restaurant Association conducted a mail survey of consumers in April and May of this year to determine where an individual's meals are prepared and what meals are skipped. This survey collected information on meal consumption behavior for 13,466 adults and children age 8 and older. (For a description of the survey methodology see the next section of this report.)

Previously we have not had access to data on individual meal consumption since CREST (Consumer Reports on Eating Share Trends) information is able to provide us with family eating out behavior only. In addition, survey results from both Gallup and Roper on where meals are prepared and consumed are limited to adults 18 years and older. We believe that the information from this NRA consumer study will provide some new and much needed insight into individual meal consumption behavior which can be beneficial in planning advertising and promotional campaigns and in identifying potential new markets or market segments.

Within this publication we have included many summary tables as well as the more detailed statistical data. From this readers can combine and analyze the information to fit their own individual needs. Readers will also find an Executive Summary which highlights many of the general findings from this "Meal Consumption Behavior" study, and they can refer to the July, 1981 issue of Foodservice Trends for a brief analysis of some of the pertinent information from this consumer survey.

SURVEY METHODOLOGY

In April and May the National Restaurant Association, under contract with National Family Opinion, Inc. (NFO) of Toledo, Ohio, conducted a consumer study to determine where an individual's meals are prepared and/or consumed and what meals are skipped. Questionnaires were mailed to 10,000 households who participate in NFO's consumer mail panel. National Family Opinion's Cross-Sectional Panel consists of families and singles who have been selected to conform to the latest available U.S. Census data for the nine geographical divisions and within each division by population density, age of homemaker, annual income and household size. Readers can refer to Table 38 for a detailed comparison of the characteristics of households which completed the questionnaire with those of the total sample.

Of the 10,000 questionnaires mailed to panel members, 6,147 were returned, and data was obtained on 13,466 adults and children age 8 and older.

The weekly mean number of meals may not always total seven. This could be due to incomplete information provided by a respondent or multiple range responses which were edited to the average or next even number. Readers who have any further questions concerning this survey information should contact the National Restaurant Association, Research and Information Services Department, 311 First Street, N.W., Washington, D.C. 20001 or call (202) 638-6100.

EXECUTIVE SUMMARY

- The average person age 8 or older eats out 3.5 times during a seven day period.
- Of all weekly meals, seven out of ten are prepared at home or at a friend's home, two out of ten are prepared commercially and one out of ten is skipped.
- Lunch is the meal most likely to be eaten out, with 51 percent of the persons 8 years and older stating they had eaten commercially prepared food for lunch at least once in the past seven days.
- Forty-seven percent of the respondents to this survey have eaten out for dinner at least once in the past week.
- Fifteen percent stated they had eaten out for breakfast at least once in the past week.
- Males eat out more frequently than females. This is especially true for lunch where 54.9 percent of the males have eaten out for lunch compared to 46.4 percent of the females.
- Persons 22 to 40 eat out more frequently than persons in other age groups, while persons 65 and over eat out infrequently.
- Eating out behavior varies with household size, with persons from single households eating out more often than others.
- Persons from upper income households are more likely to eat out for lunch and dinner than persons from lower income households.
- The average person age 8 or older skips 1.3 breakfasts, 0.6 lunches and only 0.1 dinners in a seven day period.
- Persons 22 to 40 are most likely to skip meals, with nearly 45 percent of the respondents in this age group stating they had not eaten breakfast one or more times in the past 7 days and one fourth stating they had missed lunch on at least one occasion.
- Single persons skip more meals than others. In the past week, 30.8 percent of the singles had skipped at least one breakfast, 21.0 percent had missed one or more lunches and 8.8 percent reported missing at least one evening meal.

SUMMARY TABLES

TABLE 1

FREQUENCY OF PLACE OF MEAL PREPARATION
BY MEAL OCCASION

MEAL OCCASION	PREPARED PRIVATELY	PREPARED COMMERCIALLY	SKIPPED
Breakfast			
At least once	81.3%	15.1%	26.6%
1-2 Times	7.5%	9.2%	5.5%
3-4 Times	6.2%	2.7%	4.9%
5-7 Times	67.6%	3.2%	16.2%
None	18.7%	84.8%	73.3%
Lunch			
At least once	75.8%	51.0%	15.9%
1-2 Times	17.1%	17.7%	7.3%
3-4 Times	9.1%	8.2%	3.2%
5-7 Times	49.6%	25.1%	5.4%
None	24.3%	49.0%	84.1%
Dinner			
At least once	88.6%	47.2%	4.8%
1-2 Times	3.1%	33.2%	3.3%
3-4 Times	10.0%	9.0%	0.9%
5-7 Times	75.5%	5.0%	0.6%
None	11.3%	52.6%	95.2%

NOTE: Totals may not add to 100% due to rounding.

TABLE 2

WHERE THE BREAKFAST MEAL IS PREPARED

NUMBER OF TIMES	PERCENT SAYING... PREPARED PRIVATELY	PREPARED COMMERCIALLY	SKIPPED
0	18.7%	84.8%	73.3%
1	2.8%	6.3%	2.6%
2	4.7%	2.9%	2.9%
3	2.7%	1.7%	2.7%
4	3.5%	1.0%	2.2%
5	4.1%	1.2%	3.5%
6	5.5%	0.4%	2.3%
7	58.0%	1.6%	10.4%
Mean Number of Meals	4.9	0.4	1.3

Notes: Mean number of weekly meals may not add to 7 because of non-response and range estimates made by respondents. Totals may not add to 100% because of rounding.

TABLE 3

WHERE THE LUNCH MEAL IS PREPARED

NUMBER OF TIMES	PERCENT SAYING... PREPARED PRIVATELY	PREPARED COMMERCIALLY	SKIPPED
0	24.3%	49.0%	84.1%
1	2.9%	9.7%	3.9%
2	14.2%	8.0%	3.4%
3	3.8%	4.9%	1.9%
4	5.3%	3.3%	1.3%
5	7.9%	13.1%	1.3%
6	8.6%	2.1%	0.5%
7	33.1%	9.9%	3.6%
Mean Number of Meals	3.9	2.0	0.6

NOTES: Mean number of weekly meals may not add to 7 because of non-responses and range estimates made by respondents.
Totals may not add to 100% because of rounding.

TABLE 4

WHERE THE DINNER MEAL IS PREPARED

NUMBER OF TIMES	PERCENT SAYING... PREPARED PRIVATELY	PREPARED COMMERCIALLY	SKIPPED
0	11.3%	52.6%	95.2%
1	0.8%	19.8%	2.2%
2	2.3%	13.4%	1.1%
3	3.3%	6.1%	0.6%
4	6.7%	2.9%	0.3%
5	13.7%	1.9%	0.1%
6	19.3%	0.6%	0.1%
7	42.5%	2.5%	0.4%
Mean Number of Meals	5.2	1.1	0.1

NOTES: Mean number of weekly meals may not add to 7 because of non-responses and range estimates made by respondents.
Totals may not add to 100% because of rounding.

TABLE 5

FREQUENCY OF PRIVATELY PREPARED MEALS BY SEX

MEAL	MALES	FEMALES
Breakfast		
At least once	80.8%	82.0%
1-2 Times	8.7%	6.5%
3-4 Times	6.4%	6.2%
5-7 Times	65.7%	69.3%
None	19.2%	18.1%
Lunch		
At least once	74.0%	77.9%
1-2 Times	20.3%	14.0%
3-4 Times	8.9%	9.4%
5-7 Times	44.8%	54.5%
None	26.0%	22.0%
Dinner		
At least once	88.4%	89.6%
1-2 Times	3.8%	2.6%
3-4 Times	10.4%	9.8%
5-7 Times	74.2%	77.2%
None	11.6%	10.4%

NOTE: Totals may not add to 100% due to rounding.

TABLE 6

FREQUENCY OF COMMERCIALLY
PREPARED MEALS BY SEX

MEAL	MALES	FEMALES
Breakfast		
At least once	18.1%	12.2%
1-2 Times	10.4%	8.0%
3-4 Times	3.4%	1.9%
5-7 Times	4.3%	3.3%
None	82.0%	87.7%
Lunch		
At least once	54.9%	46.4%
1-2 Times	16.2%	19.2%
3-4 Times	8.7%	7.6%
5-7 Times	30.0%	19.6%
None	43.2%	51.3%
Dinner		
At least once	48.6%	46.1%
1-2 Times	33.1%	33.3%
3-4 Times	9.7%	8.5%
5-7 Times	5.8%	4.3%
None	49.5%	51.7%

NOTE: Totals may not add to 100% due to rounding.

TABLE 7

FREQUENCY OF SKIPPED MEALS BY SEX

MEAL	MALES	FEMALES
Breakfast		
At least once	27.3%	26.6%
1-2 Times	5.9%	5.3%
3-4 Times	4.9%	5.1%
5-7 Times	16.5%	16.2%
None	72.7%	73.4%
Lunch		
At least once	15.6%	16.3%
1-2 Times	7.7%	7.1%
3-4 Times	3.1%	3.3%
5-7 Times	4.8%	5.9%
None	84.4%	83.7%
Dinner		
At least once	4.4%	5.2%
1-2 Times	3.1%	3.6%
3-4 Times	0.7%	1.0%
5-7 Times	0.6%	0.6%
None	95.6%	94.7%

NOTE: Totals may not add to 100% due to rounding.

TABLE 8

FREQUENCY OF PRIVATELY PREPARED MEALS BY AGE

MEAL	AGE GROUP 21 AND UNDER	22-40	41-64	65 AND OVER
Breakfast				
At least once	85.3%	75.6%	83.1%	87.4%
1-2 Times	5.6%	13.2%	5.8%	1.6%
3-4 Times	6.1%	8.5%	5.5%	3.3%
5-7 Times	73.6%	53.9%	71.8%	82.5%
None	14.8%	24.4%	16.9%	12.6%
Lunch				
At least once	72.6%	78.4%	77.4%	77.5%
1-2 Times	30.6%	15.7%	14.5%	3.6%
3-4 Times	8.1%	11.5%	8.7%	7.4%
5-7 Times	33.9%	51.2%	54.2%	66.5%
None	27.4%	21.6%	22.6%	22.5%
Dinner				
At least once	90.0%	93.0%	88.8%	80.6%
1-2 Times	2.7%	4.3%	2.9%	2.1%
3-4 Times	8.2%	11.8%	11.1%	7.7%
5-7 Times	79.1%	76.9%	74.8%	70.8%
None	9.9%	7.0%	11.2%	19.4%

NOTE: Totals may not add to 100% due to rounding.

TABLE 9

FREQUENCY OF COMMERCIALLY PREPARED MEALS BY AGE

MEAL	AGE GROUP 21 AND UNDER	22-40	41-64	65 AND OVER
Breakfast				
At least once	11.8%	17.7%	16.6%	11.3%
1-2 Times	5.4%	11.5%	10.6%	7.0%
3-4 Times	2.5%	3.0%	2.7%	2.2%
5-7 Times	3.9%	3.2%	3.3%	2.1%
None	88.1%	82.3%	83.3%	88.7%
Lunch				
At least once	67.7%	54.3%	45.8%	28.7%
1-2 Times	13.2%	23.1%	17.5%	15.3%
3-4 Times	7.5%	10.1%	7.9%	6.5%
5-7 Times	47.0%	21.1%	20.4%	6.9%
None	32.2%	45.6%	54.1%	71.4%
Dinner				
At least once	42.9%	53.9%	50.5%	37.8%
1-2 Times	31.0%	38.8%	34.6%	24.6%
3-4 Times	7.2%	10.1%	10.5%	7.6%
5-7 Times	4.7%	5.0%	5.4%	5.6%
None	57.0%	46.1%	49.5%	62.2%

NOTE: Totals may not add to 100% due to rounding.

TABLE 10

FREQUENCY OF SKIPPED MEALS BY AGE

MEAL	AGE GROUP 21 AND UNDER	22-40	41-64	65 AND OVER
Breakfast				
At least once	19.5%	44.7%	21.9%	8.6%
1-2 Times	4.7%	8.6%	4.3%	2.9%
3-4 Times	4.5%	8.0%	3.7%	1.4%
5-7 Times	10.3%	28.1%	13.9%	4.3%
None	80.4%	55.2%	78.1%	91.4%
Lunch				
At least once	9.5%	23.7%	16.0%	8.2%
1-2 Times	5.1%	11.6%	6.7%	3.0%
3-4 Times	1.7%	5.3%	3.0%	1.2%
5-7 Times	2.7%	6.8%	6.3%	4.0%
None	90.5%	76.2%	84.0%	91.7%
Dinner				
At least once	3.5%	8.3%	3.2%	1.9%
1-2 Times	2.1%	6.1%	2.3%	1.0%
3-4 Times	1.0%	1.4%	0.4%	0.3%
5-7 Times	0.4%	0.8%	0.5%	0.6%
None	96.4%	91.7%	96.7%	98.0%

NOTE: Totals may not add to 100% due to rounding.

TABLE 11

MEAN NUMBER OF PRIVATELY PREPARED MEALS BY AGE AND SEX

SEX AND AGE	MEAN NUMBER OF MEALS			
	BREAKFAST	LUNCH	DINNER	TOTAL
MALE	4.8	3.6	5.2	13.6
21 and under	5.5	3.1	5.5	14.1
22-40	3.8	3.6	5.2	12.6
41-64	5.0	3.7	5.1	13.8
65 and over	5.9	4.7	4.8	15.4
FEMALE	5.0	3.9	5.3	14.2
21 and under	5.2	3.1	5.4	13.7
22-40	4.4	4.3	5.5	14.2
41-64	5.3	4.5	5.3	15.1
65 and over	5.7	4.8	5.0	15.5
TOTAL POPULATION	4.9	3.8	5.2	13.9
21 and under	5.4	3.1	5.5	14.0
22-40	4.1	4.0	5.3	13.4
41-64	5.1	4.1	5.2	14.4
65 and over	5.8	4.8	4.9	15.5

TABLE 12

MEAN NUMBER OF COMMERCIALLY PREPARED MEALS BY AGE AND SEX

SEX AND AGE	MEAN NUMBER OF MEALS			
	BREAKFAST	LUNCH	DINNER	TOTAL
MALE				
21 and under	0.5	2.3	1.2	4.0
22-40	0.4	3.3	0.9	4.6
41-64	0.6	2.3	1.3	4.2
65 and over	0.6	2.2	1.3	4.0
	0.3	0.9	1.1	2.3
FEMALE				
21 and under	0.3	1.6	1.1	3.0
22-40	0.4	3.1	1.0	4.5
41-64	0.3	1.6	1.1	3.0
65 and over	0.3	1.3	1.1	2.7
	0.3	0.8	0.9	1.9
TOTAL				
21 and under	0.4	2.0	1.1	3.5
22-40	0.4	3.2	1.0	4.5
41-64	0.5	1.9	1.2	3.6
65 and over	0.4	1.7	1.2	3.3
	0.3	0.9	1.0	2.1

TABLE 13

MEAN NUMBER OF SKIPPED MEALS BY AGE AND SEX

SEX AND AGE	MEAN NUMBER OF MEALS			
	BREAKFAST	LUNCH	DINNER	TOTAL
MALE	1.3	0.5	0.1	1.9
21 and under	0.7	0.2	0.1	1.0
22-40	2.3	0.8	0.2	3.3
41-64	1.1	0.6	0.1	1.8
65 and over	0.3	0.3	-	0.6
FEMALE	1.2	0.6	0.1	1.9
21 and under	1.1	0.4	0.1	1.6
22-40	2.1	0.8	0.2	3.1
41-64	1.1	0.6	0.1	1.8
65 and over	0.4	0.4	0.1	0.9
TOTAL	1.3	0.6	0.1	2.0
21 and under	0.9	0.3	0.1	1.3
22-40	2.1	0.8	0.2	3.1
41-64	1.1	0.6	0.1	1.8
65 and over	0.4	0.4	0.1	0.9

TABLE 14

DISTRIBUTION OF WHERE MEALS ARE PREPARED BY MEAL OCCASION AND AGE OF MALE RESPONDENTS

	MALE RESPONDENTS*				
	21 AND UNDER	22-40	41-64	65 AND OVER	TOTAL
Breakfast					
Privately Prepared	83.3%	56.7%	74.6%	90.8%	72.7%
Commercially Prepared	6.1%	9.0%	9.0%	4.6%	19.7%
Skipped	10.6%	34.3%	16.4%	4.6%	7.6%
Lunch					
Privately Prepared	47.0%	53.7%	56.9%	79.7%	56.3%
Commercially Prepared	50.0%	34.3%	33.9%	15.2%	35.9%
Skipped	3.0%	12.0%	9.2%	5.1%	7.8%
Dinner					
Privately Prepared	84.6%	77.6%	78.5%	81.4%	80.0%
Commercially Prepared	13.8%	19.4%	20.0%	18.6%	18.5%
Skipped	1.6%	3.0%	1.5%	0.0%	1.5%
Total Meals					
Privately Prepared	71.6%	62.7%	70.4%	84.2%	69.7%
Commercially Prepared	23.3%	20.9%	20.4%	12.6%	20.5%
Skipped	5.1%	16.4%	9.2%	3.2%	9.8%

* Represents percent of mean number of total meals prepared privately, commercially or skipped.

TABLE 15

DISTRIBUTION OF WHERE MEALS ARE PREPARED BY MEAL OCCASION AND AGE OF FEMALE RESPONDENTS

	FEMALE RESPONDENTS*				
	21 AND UNDER	22-40	41-64	65 AND OVER	TOTAL
Breakfast					
Privately Prepared	77.6%	64.7%	79.1%	89.1%	76.9%
Commercially Prepared	6.0%	4.4%	4.5%	4.7%	4.6%
Skipped	16.4%	30.9%	16.4%	6.2%	18.5%
Lunch					
Privately Prepared	47.0%	64.2%	70.3%	80.0%	63.9%
Commercially Prepared	47.0%	23.9%	20.3%	13.3%	26.2%
Skipped	6.0%	11.9%	9.4%	6.7%	9.9%
Dinner					
Privately Prepared	83.1%	80.9%	81.5%	83.3%	81.5%
Commercially Prepared	15.4%	16.2%	16.9%	15.0%	16.9%
Skipped	1.5%	2.9%	1.6%	1.7%	1.6%
Total Meals					
Privately Prepared	69.2%	70.0%	77.0%	84.7%	74.3%
Commercially Prepared	22.7%	14.8%	13.8%	10.4%	15.7%
Skipped	8.1%	15.2%	9.2%	4.9%	10.0%

* Represents percent of mean number of total meals prepared privately, commercially or skipped.

TABLE 16

DISTRIBUTION OF WHERE MEALS ARE PREPARED BY MEAL OCCASION AND AGE OF TOTAL RESPONDENTS

	TOTAL RESPONDENTS*				
	21 AND UNDER	22-40	41-64	65 AND OVER	TOTAL
Breakfast					
Privately Prepared	80.6%	62.1%	77.3%	89.2%	74.2%
Commercially Prepared	6.0%	6.1%	6.0%	4.6%	6.1%
Skipped	13.4%	31.8%	16.7%	6.2%	19.7%
Lunch					
Privately Prepared	47.0%	59.7%	64.1%	76.7%	59.4%
Commercially Prepared	48.5%	28.4%	26.6%	14.8%	31.2%
Skipped	4.5%	11.9%	9.3%	6.5%	9.4%
Dinner					
Privately Prepared	83.3%	79.1%	80.0%	81.7%	81.2%
Commercially Prepared	15.2%	17.9%	18.5%	16.7%	17.2%
Skipped	1.5%	3.0%	1.5%	1.6%	1.6%
Total Meals					
Privately Prepared	70.7%	66.7%	73.8%	83.8%	71.6%
Commercially Prepared	22.7%	17.9%	16.9%	11.4%	18.0%
Skipped	6.6%	15.4%	9.3%	4.8%	10.4%

* Represents percent of mean number of total meals prepared privately, commercially or skipped.

TABLE 17

FREQUENCY OF MEALS PREPARED PRIVATELY
BY HOUSEHOLD INCOME OF RESPONDENTS

MEAL	PERCENTAGE OF PERSONS FROM HOUSEHOLDS WITH INCOMES OF: UNDER $10,000	$10,000-$14,999	$15,000-$19,999	$20,000-$24,999	$25,000 AND OVER
Breakfast					
At least once	78.1%	79.5%	82.0%	81.6%	84.0%
1-2 Times	6.7%	6.9%	7.5%	7.5%	8.3%
3-4 Times	7.8%	6.4%	6.0%	6.5%	5.1%
5-7 Times	63.6%	66.3%	68.5%	67.6%	70.6%
None	22.0%	20.6%	17.9%	18.5%	16.0%
Lunch					
At least once	72.4%	74.7%	79.1%	76.3%	76.3%
1-2 Times	11.4%	14.6%	14.5%	18.4%	23.0%
3-4 Times	9.3%	7.2%	8.1%	9.5%	10.5%
5-7 Times	51.7%	52.9%	56.5%	48.4%	42.8%
None	27.6%	25.3%	20.8%	23.7%	23.6%
Dinner					
At least once	84.0%	87.5%	89.3%	90.7%	91.2%
1-2 Times	2.9%	2.6%	2.4%	3.1%	4.1%
3-4 Times	9.3%	7.6%	8.3%	9.2%	13.4%
5-7 Times	71.8%	77.3%	78.6%	78.4%	73.7%
None	16.0%	12.5%	10.8%	9.4%	8.8%

NOTE: Totals may not add to 100% due to rounding.

TABLE 18

FREQUENCY OF MEALS PREPARED PRIVATELY
BY HOUSEHOLD SIZE OF RESPONDENTS

MEAL	PERCENTAGE OF PERSONS FROM HOUSEHOLDS WITH ONE MEMBER	TWO MEMBERS	THREE MEMBERS	FOUR MEMBERS	FIVE OR MORE MEMBERS
Breakfast					
At least once	78.8%	81.0%	79.4%	81.8%	84.0%
1-2 Times	8.4%	6.6%	7.6%	8.5%	7.0%
3-4 Times	8.0%	5.8%	6.0%	5.6%	6.6%
5-7 Times	62.4%	68.6%	65.8%	67.7%	70.4%
None	21.3%	18.9%	20.6%	18.3%	16.0%
Lunch					
At least once	71.2%	75.7%	77.5%	76.9%	75.9%
1-2 Times	13.0%	11.5%	16.6%	20.2%	23.9%
3-4 Times	10.1%	9.5%	9.5%	8.7%	8.1%
5-7 Times	48.1%	54.7%	51.4%	48.0%	43.9%
None	28.9%	24.2%	22.6%	23.2%	24.2%
Dinner					
At least once	83.1%	85.6%	89.9%	90.8%	92.9%
1-2 Times	6.2%	3.0%	3.1%	2.4%	2.3%
3-4 Times	13.6%	11.4%	9.7%	9.2%	7.2%
5-7 Times	63.3%	71.2%	77.1%	79.2%	83.4%
None	16.9%	14.4%	10.2%	9.3%	7.1%

NOTE: Totals may not add to 100% due to rounding.

TABLE 19

FREQUENCY OF MEALS PREPARED COMMERCIALLY
BY HOUSEHOLD INCOME OF RESPONDENTS

MEAL	PERCENTAGE OF PERSONS FROM HOUSEHOLDS WITH INCOMES OF: UNDER $10,000	$10,000-$14,999	$15,000-$19,999	$20,000-$24,999	$25,000 AND OVER
Breakfast					
At least once	15.5%	12.7%	13.8%	15.5%	17.2%
1-2 Times	8.8%	7.6%	8.4%	10.0%	10.8%
3-4 Times	3.3%	2.6%	2.2%	2.5%	2.7%
5-7 Times	3.4%	2.5%	3.2%	3.0%	3.7%
None	84.5%	87.4%	86.3%	84.4%	82.8%
Lunch					
At least once	41.5%	44.7%	47.3%	56.4%	60.5%
1-2 Times	15.7%	16.8%	19.3%	19.3%	18.0%
3-4 Times	7.7%	5.7%	6.5%	8.8%	10.6%
5-7 Times	18.1%	22.2%	21.5%	28.3%	31.9%
None	58.6%	55.4%	52.7%	43.7%	39.4%
Dinner					
At least once	33.6%	40.9%	45.0%	49.1%	58.1%
1-2 Times	24.5%	29.6%	33.8%	36.2%	39.8%
3-4 Times	8.4%	6.3%	7.3%	8.5%	12.5%
5-7 Times	5.7%	5.0%	3.9%	4.4%	5.8%
None	61.5%	59.1%	55.1%	51.0%	42.0%

NOTE: Totals may not add to 100% due to rounding.

TABLE 20

FREQUENCY OF MEALS PREPARED COMMERICALLY
BY HOUSEHOLD SIZE OF RESPONDENTS

MEAL	PERCENTAGE OF PERSONS FROM HOUSEHOLDS WITH ONE MEMBER	TWO MEMBERS	THREE MEMBERS	FOUR MEMBERS	FIVE OR MORE MEMBERS
Breakfast					
At least once	18.4%	16.8%	15.7%	13.9%	12.3%
1-2 Times	9.6%	10.8%	10.3%	8.3%	7.1%
3-4 Times	4.2%	2.9%	2.2%	2.5%	2.3%
5-7 Times	4.6%	3.1%	3.2%	3.1%	2.9%
None	81.5%	83.3%	84.4%	86.1%	87.8%
Lunch					
At least once	46.5%	44.3%	50.8%	55.5%	58.1%
1-2 Times	17.7%	18.1%	18.8%	18.7%	15.3%
3-4 Times	8.6%	9.0%	8.4%	7.7%	7.2%
5-7 Times	20.2%	17.2%	23.6%	29.1%	35.6%
None	53.4%	55.6%	49.0%	44.5%	42.0%
Dinner					
At least once	47.8%	50.2%	51.7%	47.0%	40.3%
1-2 Times	25.6%	34.2%	37.9%	35.5%	30.5%
3-4 Times	12.4%	10.6%	9.1%	8.0%	5.9%
5-7 Times	9.8%	5.4%	4.7%	3.5%	3.9%
None	52.1%	49.9%	48.3%	53.1%	59.7%

NOTE: Totals may not add to 100% due to rounding.

TABLE 21

FREQUENCY OF SKIPPED MEALS
BY HOUSEHOLD INCOME OF RESPONDENTS

MEAL	PERCENTAGE OF PERSONS FROM HOUSEHOLDS WITH INCOMES OF UNDER $10,000	$10,000-$14,999	$15,000-$19,999	$20,000-$24,999	$25,000 AND OVER
Breakfast					
At least once	28.9%	28.0%	25.6%	28.6%	24.1%
1-2 Times	6.2%	5.1%	5.1%	6.3%	5.1%
3-4 Times	6.6%	4.8%	5.0%	5.0%	3.8%
5-7 Times	16.1%	18.1%	15.5%	17.3%	15.2%
None	71.2%	72.0%	74.4%	71.5%	76.0%
Lunch					
At least once	16.6%	15.8%	14.3%	14.8%	16.8%
1-2 Times	6.8%	6.0%	6.7%	7.4%	8.6%
3-4 Times	3.4%	3.0%	3.4%	3.4%	3.0%
5-7 Times	6.4%	6.8%	4.2%	4.0%	5.2%
None	83.3%	84.1%	85.8%	85.1%	83.1%
Dinner					
At least once	6.5%	4.7%	4.4%	4.7%	4.1%
1-2 Times	4.4%	2.7%	3.0%	3.4%	3.1%
3-4 Times	1.3%	1.2%	0.8%	0.7%	0.6%
5-7 Times	0.8%	0.8%	0.6%	0.6%	0.4%
None	93.5%	95.3%	95.6%	95.3%	95.9%

NOTE: Totals may not add to 100% due to rounding.

TABLE 22

FREQUENCY OF SKIPPED MEALS
BY HOUSEHOLD SIZE OF RESPONDENTS

MEAL	PERCENTAGE OF PERSONS FROM HOUSEHOLDS WITH ONE MEMBER	TWO MEMBERS	THREE MEMBERS	FOUR MEMBERS	FIVE OR MORE MEMBERS
Breakfast					
At least once	30.8%	23.4%	29.4%	27.5%	25.4%
1-2 Times	7.2%	4.8%	6.2%	5.4%	5.0%
3-4 Times	6.7%	4.0%	5.0%	4.6%	5.4%
5-7 Times	17.9%	14.6%	18.2%	17.5%	15.0%
None	69.2%	76.5%	70.5%	72.5%	74.6%
Lunch					
At least once	21.0%	15.4%	16.8%	15.6%	13.2%
1-2 Times	9.4%	6.8%	8.2%	7.7%	5.7%
3-4 Times	4.1%	2.9%	3.8%	3.0%	2.9%
5-7 Times	7.5%	5.7%	4.8%	4.9%	4.6%
None	79.1%	84.8%	83.1%	84.3%	86.8%
Dinner					
At least once	8.8%	4.5%	4.2%	4.7%	3.6%
1-2 Times	5.9%	3.3%	3.2%	3.2%	2.0%
3-4 Times	2.0%	0.6%	0.8%	0.7%	0.9%
5-7 Times	0.9%	0.6%	0.2%	0.8%	0.7%
None	91.0%	95.6%	95.8%	95.4%	96.3%

NOTE: Totals may not add to 100% due to rounding.

TABLE 23

BREAKFAST

MEAN NUMBER OF MEALS BY HOUSEHOLD CHARACTERISTICS OF RESPONDENTS

CHARACTERISTIC	MEAN NUMBER OF MEALS PRIVATELY PREPARED	COMMERICALLY PREPARED	SKIPPED
INCOME			
Under $10,000	4.7	0.4	1.4
$10,000-$14,999	4.9	0.3	1.4
$15,000-$19,999	5.0	0.4	1.3
$20,000-$24,999	4.9	0.4	1.4
$25,000 and over	5.1	0.5	1.2
HOUSEHOLD SIZE			
One Member	4.6	0.6	1.4
Two Members	5.0	0.4	1.2
Three Members	4.8	0.4	1.4
Four Members	5.0	0.4	1.4
Five or more Members	5.2	0.3	1.2
TOTAL RESPONDENTS	4.9	0.4	1.3

NOTE: Mean number of weekly meals may not add to 7 because of non-responses and range estimates made by respondents.

TABLE 24

LUNCH

MEAN NUMBER OF MEALS BY HOUSEHOLD
CHARACTERISTICS OF RESPONDENTS

CHARACTERISTIC	MEAN NUMBER OF MEALS PRIVATELY PREPARED	MEAN NUMBER OF MEALS COMMERICALLY PREPARED	SKIPPED
INCOME			
Under $10,000	4.0	1.6	0.6
$10,000-$14,999	4.0	1.7	0.6
$15,000-$19,999	4.3	1.8	0.5
$20,000-$24,999	3.8	2.2	0.5
$25,000 and over	3.6	2.5	0.6
HOUSEHOLD SIZE			
One Member	3.7	1.8	0.8
Two Members	4.1	1.6	0.6
Three Members	4.0	1.9	0.6
Four Members	3.8	2.2	0.5
Five or more Members	3.6	2.5	0.5
TOTAL RESPONDENTS	3.9	2.0	0.6

NOTE: Mean number of weekly meals may not add to 7 because of non-responses and range estimates made by respondents.

TABLE 25

DINNER

MEAN NUMBER OF MEALS BY HOUSEHOLD
CHARACTERISTICS OF RESPONDENTS

CHARACTERISTIC	MEAN NUMBER OF MEALS PRIVATELY PREPARED	MEAN NUMBER OF MEALS COMMERICALLY PREPARED	SKIPPED
INCOME			
Under $10,000	5.1	1.0	0.2
$10,000-$14,999	5.3	0.9	0.1
$15,000-$19,999	5.4	0.9	0.1
$20,000-$24,999	5.4	1.1	0.1
$25,000 and over	5.2	1.3	0.1
HOUSEHOLD SIZE			
One Member	4.7	1.4	0.2
Two Members	5.0	1.2	0.1
Three Members	5.3	1.1	0.1
Four Members	5.5	0.9	0.1
Five or more Members	5.7	0.9	0.1
TOTAL RESPONDENTS	5.2	1.1	0.1

NOTE: Mean number of weekly meals may not add to 7 because of non-responses and range estimates made by respondents.

DETAILED TABLES

TABLE 26

BREAKFAST: PLACE OF PREPARATION BY AGE AND SEX

		MALE AGE					FEMALE AGE					
	TOTAL	21 YEARS AND UNDER	22-40 YEARS	41-64 YEARS	65 YEARS AND OVER	NO ANSWER TO AGE	21 YEARS AND UNDER	22-40 YEARS	41-64 YEARS	65 YEARS AND OVER	NO ANSWER TO AGE	NO ANSWER TO SEX
TOTAL	13466	1535	2054	1941	678	119	1436	2153	2114	898	151	387
	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%
	100.0%	11.4%	15.3%	14.4%	5.0%	0.9%	10.7%	16.0%	15.7%	6.7%	1.1%	2.9%
BREAKFAST PREPARED AT HOME	13466	1535	2054	1941	678	119	1436	2153	2114	898	151	387
	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%
	100.0%	11.4%	15.3%	14.4%	5.0%	0.9%	10.7%	16.0%	15.7%	6.7%	1.1%	2.9%
0/HOME	2524	204	549	346	75	40	235	480	341	124	39	91
	18.7%	13.3%	26.7%	17.8%	11.1%	33.6%	16.4%	22.3%	16.1%	13.8%	25.8%	23.5%
	100.0%	8.1%	21.8%	13.7%	3.0%	1.6%	9.3%	19.0%	13.5%	4.9%	1.5%	3.6%
1	382	24	118	57	3	3	35	96	33	4	3	6
	2.8%	1.6%	5.7%	2.9%	0.4%	2.5%	2.4%	4.5%	1.6%	0.4%	2.0%	1.6%
	100.0%	6.3%	30.9%	14.9%	0.8%	0.8%	9.2%	25.1%	8.6%	1.0%	0.8%	1.6%
2	627	51	204	83	8	-	55	138	62	10	1	15
	4.7%	3.3%	9.9%	4.3%	1.2%	0.0%	3.8%	6.4%	2.9%	1.1%	0.7%	3.9%
	100.0%	8.1%	32.5%	13.2%	1.3%	0.0%	8.8%	22.0%	9.9%	1.6%	0.2%	2.4%
3	366	37	94	58	10	1	33	65	45	12	3	8
	2.7%	2.4%	4.6%	3.0%	1.5%	0.8%	2.3%	3.0%	2.1%	1.3%	2.0%	2.1%
	100.0%	10.1%	25.7%	15.8%	2.7%	0.3%	9.0%	17.8%	12.3%	3.3%	0.8%	2.2%
4	476	53	83	56	10	4	58	114	64	20	3	11
	3.5%	3.5%	4.0%	2.9%	1.5%	3.4%	4.0%	5.3%	3.0%	2.2%	2.0%	2.8%
	100.0%	11.1%	17.4%	11.8%	2.1%	0.8%	12.2%	23.9%	13.4%	4.2%	0.6%	2.3%
5	546	44	116	80	22	5	39	113	77	23	8	19
	4.1%	2.9%	5.6%	4.1%	3.2%	4.2%	2.7%	5.2%	3.6%	2.6%	5.3%	4.9%
	100.0%	8.1%	21.2%	14.7%	4.0%	0.9%	7.1%	20.7%	14.1%	4.2%	1.5%	3.5%
6	738	68	125	146	41	2	58	111	121	40	5	21
	5.5%	4.4%	6.1%	7.5%	6.0%	1.7%	4.0%	5.2%	5.7%	4.5%	3.3%	5.4%
	100.0%	9.2%	16.9%	19.8%	5.6%	0.3%	7.9%	15.0%	16.4%	5.4%	0.7%	2.8%
7	7807	1054	765	1115	509	64	923	1036	1371	665	89	216
	58.0%	68.7%	37.2%	57.4%	75.1%	53.8%	64.3%	48.1%	64.9%	74.1%	58.9%	55.8%
	100.0%	13.5%	9.8%	14.3%	6.5%	0.8%	11.8%	13.3%	17.6%	8.5%	1.1%	2.8%
BREAKFAST PREPARED COMMERCIALLY	13466	1535	2054	1941	678	119	1436	2153	2114	898	151	387
	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%
	100.0%	11.4%	15.3%	14.4%	5.0%	0.9%	10.7%	16.0%	15.7%	6.7%	1.1%	2.9%
0/HOME	11419	1336	1606	1539	589	103	1282	1857	1840	809	133	325
	84.8%	87.0%	78.2%	79.3%	86.9%	86.6%	89.3%	86.3%	87.0%	90.1%	88.1%	84.0%
	100.0%	11.7%	14.1%	13.5%	5.2%	0.9%	11.2%	16.3%	16.1%	7.1%	1.2%	2.8%
1	852	61	174	170	37	2	52	153	132	34	6	31
	6.3%	4.0%	8.5%	8.8%	5.5%	1.7%	3.6%	7.1%	6.2%	3.8%	4.0%	8.0%
	100.0%	7.2%	20.4%	20.0%	4.3%	0.2%	6.1%	18.0%	15.5%	4.0%	0.7%	3.6%
2	394	27	89	77	21	4	22	66	53	18	6	11
	2.9%	1.8%	4.3%	4.0%	3.1%	3.4%	1.5%	3.1%	2.5%	2.0%	4.0%	2.8%
	100.0%	6.9%	22.6%	19.5%	5.3%	1.0%	5.6%	16.8%	13.5%	4.6%	1.5%	2.8%
3	232	35	49	41	6	4	21	27	28	12	2	7
	1.7%	2.3%	2.4%	2.1%	0.9%	3.4%	1.5%	1.3%	1.3%	1.3%	1.3%	1.8%
	100.0%	15.1%	21.1%	17.7%	2.6%	1.7%	9.1%	11.6%	12.1%	5.2%	0.9%	3.0%

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TABLE 26 (Cont'd.)

		MALE AGE					FEMALE AGE					
	TOTAL	21 YEARS AND UNDER	22-40 YEARS	41-64 YEARS	65 YEARS AND OVER	NO ANSWER TO AGE	21 YEARS AND UNDER	22-40 YEARS	41-64 YEARS	65 YEARS AND OVER	NO ANSWER TO AGE	NO ANSWER TO SEX
TOTAL	13466	1535	2054	1941	678	119	1436	2153	2114	898	151	387
	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%
	100.0%	11.4%	15.3%	14.4%	5.0%	0.9%	10.7%	16.0%	15.7%	6.7%	1.1%	2.9%
4	131	11	32	29	10	2	7	17	13	7	-	3
	1.0%	0.7%	1.6%	1.5%	1.5%	1.7%	0.5%	0.8%	0.6%	0.8%	0.0%	0.8%
	100.0%	8.4%	24.4%	22.1%	7.6%	1.5%	5.3%	13.0%	9.9%	5.3%	0.0%	2.3%
5	165	25	46	32	5	-	18	9	19	3	-	6
	1.2%	1.6%	2.2%	1.6%	0.7%	0.0%	1.3%	0.4%	0.9%	0.3%	0.0%	1.6%
	100.0%	15.2%	27.9%	19.4%	3.0%	0.0%	10.9%	5.5%	11.5%	1.8%	0.0%	3.6%
6	57	4	16	13	2	1	4	7	6	1	1	-
	0.4%	0.3%	0.8%	0.7%	0.3%	0.8%	0.3%	0.3%	0.3%	0.1%	0.7%	0.0%
	100.0%	7.0%	28.1%	22.8%	3.5%	1.8%	7.0%	12.3%	10.5%	1.8%	1.8%	0.0%
7	216	34	42	40	8	3	30	17	23	12	3	4
	1.6%	2.2%	2.0%	2.1%	1.2%	2.5%	2.1%	0.8%	1.1%	1.3%	2.0%	1.0%
	100.0%	15.7%	19.4%	18.5%	3.7%	1.4%	13.9%	7.9%	10.6%	5.6%	1.4%	1.9%
BREAKFAST SKIPPED	13466	1535	2054	1941	678	119	1436	2153	2114	898	151	387
	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%
	100.0%	11.4%	15.3%	14.4%	5.0%	0.9%	10.7%	16.0%	15.7%	6.7%	1.1%	2.9%
0/NONE	9868	1280	1574	1502	433	108	1110	1240	1644	808	128	311
	73.3%	83.4%	92.4%	77.4%	93.4%	90.8%	77.3%	58.0%	78.7%	90.0%	84.8%	80.4%
	100.0%	13.0%	16.9%	15.2%	4.4%	1.1%	11.2%	12.6%	16.9%	8.2%	1.3%	3.2%
1	347	37	90	51	9	-	31	71	38	15	2	3
	2.6%	2.4%	4.4%	2.6%	1.3%	0.0%	2.2%	3.3%	1.8%	1.7%	1.3%	0.8%
	100.0%	10.7%	25.9%	14.7%	2.6%	0.0%	8.9%	20.5%	11.0%	4.3%	0.6%	0.9%
2	397	31	108	39	7	1	40	92	47	15	7	10
	2.9%	2.0%	5.3%	2.0%	1.0%	0.8%	2.8%	4.3%	2.2%	1.7%	4.6%	2.6%
	100.0%	7.8%	27.2%	9.8%	1.8%	0.3%	10.1%	23.2%	11.8%	3.8%	1.8%	2.5%
3	367	33	78	35	5	3	46	100	49	9	1	6
	2.7%	2.1%	3.8%	1.8%	0.7%	2.5%	3.2%	4.6%	2.3%	1.0%	0.7%	1.6%
	100.0%	9.0%	21.3%	9.5%	1.4%	0.8%	12.5%	27.2%	13.4%	2.5%	0.3%	1.6%
4	298	27	93	32	1	-	27	68	35	7	1	7
	2.2%	1.8%	4.5%	1.6%	0.1%	0.0%	1.9%	3.2%	1.7%	0.8%	0.7%	1.8%
	100.0%	9.1%	31.2%	10.7%	0.3%	0.0%	9.1%	22.8%	11.7%	2.3%	0.3%	2.3%
5	470	24	149	61	3	-	44	126	43	4	-	10
	3.5%	1.7%	7.3%	3.1%	0.7%	0.0%	3.1%	5.9%	2.0%	0.4%	0.0%	2.6%
	100.0%	5.1%	31.7%	13.0%	1.1%	0.0%	9.8%	26.8%	9.1%	0.9%	0.0%	2.1%
6	313	12	103	40	-	1	24	95	26	3	2	7
	2.3%	0.8%	5.0%	2.1%	0.0%	0.8%	1.7%	4.4%	1.2%	0.3%	1.3%	1.8%
	100.0%	3.8%	32.9%	12.8%	0.0%	0.3%	7.7%	30.4%	8.3%	1.0%	0.6%	2.2%
7	1406	87	257	181	19	6	112	353	212	37	10	33
	10.4%	5.7%	12.5%	9.3%	2.7%	5.0%	7.8%	16.4%	10.0%	4.1%	6.6%	8.5%
	100.0%	6.2%	18.3%	12.9%	1.3%	0.4%	8.0%	25.1%	15.1%	2.6%	0.7%	2.3%

National Family Opinion, Inc.

TABLE 27

BREAKFAST: MEAN NUMBER OF MEALS BY
PLACE OF PREPARATION AND BY AGE AND SEX

		MALE AGE					FEMALE AGE					
	TOTAL	21 YEARS AND UNDER	22-40 YEARS	41-64 YEARS	65 YEARS AND OVER	NO ANSWER TO AGE	21 YEARS AND UNDER	22-40 YEARS	41-64 YEARS	65 YEARS AND OVER	NO ANSWER TO AGE	NO ANSWER TO SEX
BREAKFAST PREPARED PRIVATELY MEAN	4.93	5.51	3.81	5.00	5.91	4.26	5.21	4.42	5.32	5.73	4.76	4.75
BREAKFAST PREPARED COMMERCIALLY MEAN	0.41	0.43	0.61	0.56	0.34	0.48	0.36	0.30	0.32	0.28	0.34	0.37
BREAKFAST SKIPPED MEAN	1.30	0.73	2.32	1.12	0.28	0.50	1.06	2.09	1.08	0.44	0.70	1.01

National Family Opinion, Inc.

TABLE 28

BREAKFAST: PLACE OF PREPARATION BY
RESPONDENTS' HOUSEHOLD INCOME AND HOUSEHOLD SIZE

		ANNUAL INCOME					HOUSEHOLD SIZE				
	TOTAL	UNDER $10000	$10000-14999	$15000-19999	$20000-24999	$25000 AND OVER	ONE MEMBER	TWO MEMBERS	THREE MEMBERS	FOUR MEMBERS	FIVE OR MORE MEMBERS
TOTAL	13466	2789	2280	2204	2288	3905	1702	3711	2420	2821	2812
	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%
	100.0%	20.7%	16.9%	16.4%	17.0%	29.0%	12.6%	27.6%	18.0%	20.9%	20.9%
BREAKFAST PREPARED AT HOME	13466	2789	2280	2204	2288	3905	1702	3711	2420	2821	2812
	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%
	100.0%	20.7%	16.9%	16.4%	17.0%	29.0%	12.6%	27.6%	18.0%	20.9%	20.9%
0/NONE	2524	613	470	395	423	623	362	700	498	515	449
	18.7%	22.0%	20.6%	17.9%	18.5%	16.0%	21.3%	18.9%	20.6%	18.3%	16.0%
	100.0%	24.3%	18.6%	15.6%	16.8%	24.7%	14.3%	27.7%	19.7%	20.4%	17.8%
1	382	85	61	56	59	121	59	107	59	80	77
	2.8%	3.0%	2.7%	2.5%	2.6%	3.1%	3.5%	2.9%	2.4%	2.8%	2.7%
	100.0%	22.3%	16.0%	14.7%	15.4%	31.7%	15.4%	28.0%	15.4%	20.9%	20.2%
2	627	103	96	111	113	204	83	137	127	160	120
	4.7%	3.7%	4.2%	5.0%	4.9%	5.2%	4.9%	3.7%	5.2%	5.7%	4.3%
	100.0%	16.4%	15.3%	17.7%	18.0%	32.5%	13.2%	21.9%	20.3%	25.5%	19.1%
3	344	87	65	53	64	95	65	105	65	59	72
	2.7%	3.1%	2.9%	2.4%	2.9%	2.4%	3.8%	2.8%	2.7%	2.1%	2.6%
	100.0%	25.3%	17.8%	14.5%	18.0%	26.0%	17.8%	28.7%	17.8%	16.1%	19.7%
4	476	130	80	79	82	105	71	113	79	100	113
	3.5%	4.7%	3.5%	3.6%	3.6%	2.7%	4.2%	3.0%	3.3%	3.5%	4.0%
	100.0%	27.3%	16.8%	16.6%	17.2%	22.1%	14.9%	23.7%	16.6%	21.0%	23.7%
5	546	114	79	80	103	170	79	150	120	101	96
	4.1%	4.1%	3.5%	3.6%	4.5%	4.4%	4.6%	4.0%	5.0%	3.6%	3.4%
	100.0%	20.9%	14.5%	14.7%	18.9%	31.1%	14.5%	27.5%	22.0%	18.5%	17.6%
6	738	130	94	113	150	251	85	234	141	137	121
	5.5%	4.7%	4.1%	5.1%	6.6%	6.4%	5.0%	6.3%	5.8%	5.6%	4.3%
	100.0%	17.6%	12.7%	15.3%	20.3%	34.0%	11.5%	31.7%	19.1%	21.3%	16.4%
7	7807	1527	1335	1317	1292	2336	898	2165	1331	1649	1764
	58.0%	54.8%	58.6%	59.8%	56.5%	59.8%	52.8%	58.3%	55.0%	58.5%	62.7%
	100.0%	19.6%	17.1%	16.9%	16.5%	29.9%	11.5%	27.7%	17.0%	21.1%	22.6%
BREAKFAST PREPARED COMMERCIALLY	13466	2789	2280	2204	2288	3905	1702	3711	2420	2821	2812
	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%
	100.0%	20.7%	16.9%	16.4%	17.0%	29.0%	12.6%	27.6%	18.0%	20.9%	20.9%
0/NONE	11419	2357	1993	1903	1932	3234	1387	3092	2042	2430	2468
	84.8%	84.5%	87.4%	86.3%	84.4%	82.8%	81.5%	83.3%	84.4%	86.1%	87.8%
	100.0%	20.6%	17.5%	16.7%	16.9%	28.3%	12.1%	27.1%	17.9%	21.3%	21.6%
1	852	164	122	129	157	280	99	247	178	165	163
	6.3%	5.9%	5.4%	5.9%	6.9%	7.2%	5.8%	7.2%	7.4%	5.8%	5.1%
	100.0%	19.2%	14.3%	15.1%	18.4%	32.9%	11.6%	29.0%	20.9%	19.4%	16.8%
2	394	80	50	54	71	139	65	135	69	70	55
	2.9%	2.9%	2.2%	2.5%	3.1%	3.6%	3.8%	3.6%	2.9%	2.5%	2.0%
	100.0%	20.3%	12.7%	13.7%	18.0%	35.3%	16.5%	34.3%	17.5%	17.8%	14.0%
3	232	70	34	30	38	58	42	63	31	44	52
	1.7%	2.5%	1.6%	1.4%	1.7%	1.5%	2.5%	1.7%	1.3%	1.6%	1.8%
	100.0%	30.2%	15.5%	12.9%	16.4%	25.0%	18.1%	27.2%	13.4%	19.0%	22.4%

National Family Opinion, Inc.

TABLE 28 (Cont'd.)

		ANNUAL INCOME					HOUSEHOLD SIZE				
	TOTAL	UNDER $10000	$10000-14999	$15000-19999	$20000-24999	$25000 AND OVER	ONE MEMBER	TWO MEMBERS	THREE MEMBERS	FOUR MEMBERS	FIVE OR MORE MEMBERS
TOTAL	13466	2789	2280	2204	2288	3905	1702	3711	2420	2821	2812
	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%
	100.0%	20.7%	16.9%	16.4%	17.0%	29.0%	12.6%	27.6%	18.0%	20.9%	20.9%
4	131	23	23	18	19	48	29	43	22	24	13
	1.0%	0.8%	1.0%	0.8%	0.8%	1.2%	1.7%	1.2%	0.9%	0.9%	0.5%
	100.0%	17.6%	17.6%	13.7%	14.5%	36.6%	22.1%	32.8%	16.8%	18.3%	9.9%
5	165	25	20	28	37	55	26	39	22	46	32
	1.2%	0.9%	0.9%	1.3%	1.6%	1.4%	1.5%	1.1%	0.9%	1.6%	1.1%
	100.0%	15.2%	12.1%	17.0%	22.4%	33.3%	15.8%	23.6%	13.3%	27.9%	19.4%
6	57	16	5	9	8	19	11	18	10	13	5
	0.4%	0.6%	0.2%	0.4%	0.3%	0.5%	0.6%	0.5%	0.4%	0.5%	0.2%
	100.0%	28.1%	8.8%	15.8%	14.0%	33.3%	19.3%	31.6%	17.5%	22.8%	8.8%
7	216	34	31	33	26	72	43	54	46	29	44
	1.6%	1.9%	1.4%	1.5%	1.1%	1.8%	2.5%	1.5%	1.9%	1.0%	1.6%
	100.0%	25.0%	14.4%	15.3%	12.0%	33.3%	19.9%	25.0%	21.3%	13.4%	20.4%
BREAKFAST SKIPPED	13466	2789	2280	2204	2288	3905	1702	3711	2420	2821	2812
	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%
	100.0%	20.7%	16.9%	16.4%	17.0%	29.0%	12.6%	27.6%	18.0%	20.9%	20.9%
0/NONE	9868	1986	1641	1639	1636	2966	1178	2840	1707	2046	2097
	73.3%	71.2%	72.0%	74.4%	71.5%	76.0%	69.2%	76.5%	70.5%	72.5%	74.6%
	100.0%	20.1%	16.6%	16.6%	16.6%	30.1%	11.9%	28.8%	17.3%	20.7%	21.3%
1	347	80	50	46	75	96	53	93	64	82	55
	2.6%	2.9%	2.2%	2.1%	3.3%	2.5%	3.1%	2.5%	2.6%	2.9%	2.0%
	100.0%	23.1%	14.4%	13.3%	21.6%	27.7%	15.3%	26.8%	18.4%	23.6%	15.9%
2	397	91	67	67	69	103	69	85	88	71	84
	2.9%	3.3%	2.9%	3.0%	3.0%	2.6%	4.1%	2.3%	3.6%	2.5%	3.0%
	100.0%	22.9%	16.9%	16.9%	17.4%	25.9%	17.4%	21.4%	22.2%	17.9%	21.2%
3	367	94	66	63	61	83	54	75	66	84	88
	2.7%	3.4%	2.9%	2.9%	2.7%	2.1%	3.2%	2.0%	2.7%	3.0%	3.1%
	100.0%	25.6%	18.0%	17.2%	16.6%	22.6%	14.7%	20.4%	18.0%	22.9%	24.0%
4	298	89	44	47	52	66	59	74	53	44	66
	2.2%	3.2%	1.9%	2.1%	2.3%	1.7%	3.5%	2.0%	2.3%	1.6%	2.3%
	100.0%	29.9%	14.8%	15.8%	17.4%	22.1%	19.8%	24.8%	18.3%	14.8%	22.1%
5	470	81	73	83	90	143	60	112	96	109	93
	3.5%	2.9%	3.2%	3.8%	3.9%	3.7%	3.5%	3.0%	4.0%	3.9%	3.3%
	100.0%	17.2%	15.3%	17.7%	19.1%	30.4%	12.8%	23.8%	20.4%	23.2%	19.8%
6	313	66	59	36	54	98	36	93	50	80	54
	2.3%	2.4%	2.6%	1.6%	2.4%	2.5%	2.1%	2.5%	2.1%	2.8%	1.9%
	100.0%	21.1%	18.8%	11.5%	17.3%	31.3%	11.5%	29.7%	16.0%	25.6%	17.3%
7	1404	302	280	223	251	350	193	339	294	305	275
	10.4%	10.8%	12.3%	10.1%	11.0%	9.0%	11.3%	9.1%	12.1%	10.8%	9.8%
	100.0%	21.5%	19.9%	15.9%	17.9%	24.9%	13.7%	24.1%	20.9%	21.7%	19.6%

National Family Opinion, Inc.

TABLE 29

BREAKFAST: MEAN NUMBER OF MEALS BY PLACE OF PREPARATION AND BY RESPONDENTS' HOUSEHOLD INCOME AND HOUSEHOLD SIZE

		ANNUAL INCOME					HOUSEHOLD SIZE				
	TOTAL	UNDER $10000	$10000-14999	$15000-19999	$20000-24999	$25000 AND OVER	ONE MEMBER	TWO MEMBERS	THREE MEMBERS	FOUR MEMBERS	FIVE OR MORE MEMBERS
BREAKFAST PREPARED PRIVATELY MEAN	4.93	4.70	4.86	5.01	4.93	5.11	4.64	4.97	4.79	4.95	5.17
BREAKFAST PREPARED COMMERCIALLY MEAN	0.41	0.44	0.34	0.37	0.40	0.47	0.57	0.43	0.41	0.37	0.34
BREAKFAST SKIPPED MEAN	1.30	1.37	1.42	1.25	1.37	1.17	1.44	1.15	1.44	1.35	1.23

TABLE 30

LUNCH: PLACE OF PREPARATION BY AGE AND SEX

		MALE AGE					FEMALE AGE					
	TOTAL	21 YEARS AND UNDER	22-40 YEARS	41-64 YEARS	65 YEARS AND OVER	NO ANSWER TO AGE	21 YEARS AND UNDER	22-40 YEARS	41-64 YEARS	65 YEARS AND OVER	NO ANSWER TO AGE	NO ANSWER TO SEX
TOTAL	13466	1535	2054	1941	678	119	1436	2153	2114	898	151	387
	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%
	100.0%	11.4%	15.3%	14.4%	5.0%	0.9%	10.7%	16.0%	15.7%	6.7%	1.1%	2.9%
LUNCH PREPARED PRIVATELY	13466	1535	2054	1941	678	119	1436	2153	2114	898	151	387
	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%
	100.0%	11.4%	15.3%	14.4%	5.0%	0.9%	10.7%	16.0%	15.7%	6.7%	1.1%	2.9%
0/NONE	3271	409	525	491	150	69	406	385	425	205	68	138
	24.3%	26.6%	25.6%	25.3%	22.1%	58.0%	28.3%	17.9%	20.1%	22.8%	45.0%	35.7%
	100.0%	12.5%	16.1%	15.0%	4.6%	2.1%	12.4%	11.8%	13.0%	6.3%	2.1%	4.2%
1	385	43	96	84	4	2	36	60	47	4	1	8
	2.9%	2.8%	4.7%	4.3%	0.6%	1.7%	2.5%	2.8%	2.2%	0.4%	0.7%	2.1%
	100.0%	11.2%	24.9%	21.8%	1.0%	0.5%	9.4%	15.6%	12.2%	1.0%	0.3%	2.1%
2	1906	438	295	293	24	6	392	208	163	25	6	56
	14.2%	28.5%	14.4%	15.1%	3.5%	5.0%	27.3%	9.7%	7.7%	2.8%	4.0%	14.5%
	100.0%	23.0%	15.5%	15.4%	1.3%	0.3%	20.6%	10.9%	8.6%	1.3%	0.3%	2.9%
3	510	58	92	74	19	1	48	119	74	11	2	12
	3.8%	3.8%	4.5%	3.8%	2.8%	0.8%	3.3%	5.5%	3.5%	1.2%	1.3%	3.1%
	100.0%	11.4%	18.0%	14.5%	3.7%	0.2%	9.4%	23.3%	14.5%	2.2%	0.4%	2.4%
4	719	73	121	86	37	1	62	152	120	49	1	17
	5.3%	4.8%	5.9%	4.4%	5.5%	0.8%	4.3%	7.1%	5.7%	5.5%	0.7%	4.4%
	100.0%	10.2%	16.8%	12.0%	5.1%	0.1%	8.6%	21.1%	16.7%	6.8%	0.1%	2.4%
5	1060	104	171	128	46	4	91	237	190	60	9	20
	7.9%	6.8%	8.3%	6.6%	6.8%	3.4%	6.3%	11.0%	9.0%	6.7%	6.0%	5.2%
	100.0%	9.8%	16.1%	12.1%	4.3%	0.4%	8.6%	22.4%	17.9%	5.7%	0.8%	1.9%
6	1161	90	198	136	61	1	93	259	201	85	10	27
	8.6%	5.9%	9.6%	7.0%	9.0%	0.8%	6.5%	12.0%	9.5%	9.5%	6.6%	7.0%
	100.0%	7.8%	17.1%	11.7%	5.3%	0.1%	8.0%	22.3%	17.3%	7.3%	0.9%	2.3%
7	4454	320	556	649	337	35	308	733	894	439	54	109
	33.1%	20.8%	27.1%	33.4%	49.7%	29.4%	21.4%	34.0%	42.3%	51.1%	35.8%	28.2%
	100.0%	7.2%	12.5%	14.6%	7.6%	0.8%	6.9%	16.5%	20.1%	10.3%	1.2%	2.4%
LUNCH PREPARED COMMERCIALLY	13466	1535	2054	1941	678	119	1436	2153	2114	898	151	387
	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%
	100.0%	11.4%	15.3%	14.4%	5.0%	0.9%	10.7%	16.0%	15.7%	6.7%	1.1%	2.9%
0/NONE	6597	473	851	937	470	84	484	1068	1256	655	107	212
	49.0%	30.8%	41.4%	48.3%	69.3%	70.6%	33.7%	49.6%	59.4%	72.9%	70.9%	54.8%
	100.0%	7.2%	12.9%	14.2%	7.1%	1.3%	7.3%	16.2%	19.0%	9.9%	1.6%	3.2%
1	1309	100	234	153	62	1	104	310	222	84	11	28
	9.7%	6.5%	11.4%	7.9%	9.1%	0.8%	7.2%	14.4%	10.5%	9.4%	7.3%	7.2%
	100.0%	7.6%	17.9%	11.7%	4.7%	0.1%	7.9%	23.7%	17.0%	6.4%	0.8%	2.1%
2	1082	100	190	140	45	3	88	239	197	49	9	22
	8.0%	6.5%	9.3%	7.2%	6.6%	2.5%	6.1%	11.1%	9.3%	5.5%	6.0%	5.7%
	100.0%	9.2%	17.6%	12.9%	4.2%	0.3%	8.1%	22.1%	18.2%	4.5%	0.8%	2.0%

National Family Opinion, Inc.

TABLE 30 (Cont'd.)

		MALE AGE					FEMALE AGE					
	TOTAL	21 YEARS AND UNDER	22-40 YEARS	41-64 YEARS	65 YEARS AND OVER	NO ANSWER TO AGE	21 YEARS AND UNDER	22-40 YEARS	41-64 YEARS	65 YEARS AND OVER	NO ANSWER TO AGE	NO ANSWER TO SEX
TOTAL	13466	1535	2054	1941	678	119	1436	2153	2114	898	151	387
	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%
	100.0%	11.4%	15.3%	14.4%	5.0%	0.9%	10.7%	16.0%	15.7%	6.7%	1.1%	2.9%
3	654	63	128	90	31	1	63	120	101	43	2	12
	4.9%	4.1%	6.2%	4.6%	4.6%	0.8%	4.4%	5.6%	4.8%	4.8%	1.3%	3.1%
	100.0%	9.6%	19.6%	13.8%	4.7%	0.2%	9.6%	18.3%	15.4%	6.6%	0.3%	1.8%
4	446	53	92	77	19	1	45	84	55	9	1	10
	3.3%	3.5%	4.5%	4.0%	2.8%	0.8%	3.1%	3.9%	2.6%	1.0%	0.7%	2.6%
	100.0%	11.9%	20.6%	17.3%	4.3%	0.2%	10.1%	18.8%	12.3%	2.0%	0.2%	2.2%
5	1768	435	275	277	19	6	369	164	142	21	4	56
	13.1%	28.3%	13.4%	14.3%	2.8%	5.0%	25.7%	7.6%	6.7%	2.3%	2.6%	14.5%
	100.0%	24.6%	15.6%	15.7%	1.1%	0.3%	20.9%	9.3%	8.0%	1.2%	0.2%	3.2%
6	282	40	65	69	4	2	27	42	27	1	-	5
	2.1%	2.6%	3.2%	3.6%	0.6%	1.7%	1.9%	2.0%	1.3%	0.1%	0.0%	1.3%
	100.0%	14.2%	23.0%	24.5%	1.4%	0.7%	9.6%	14.9%	9.6%	0.4%	0.0%	1.8%
7	1328	271	219	198	28	21	256	126	114	36	17	42
	9.9%	17.7%	10.7%	10.2%	4.1%	17.6%	17.8%	5.9%	5.4%	4.0%	11.3%	10.9%
	100.0%	20.4%	16.5%	14.9%	2.1%	1.6%	19.3%	9.5%	8.6%	2.7%	1.3%	3.2%
LUNCH SKIPPED	13466	1535	2054	1941	678	119	1436	2153	2114	898	151	387
	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%
	100.0%	11.4%	15.3%	14.4%	5.0%	0.9%	10.7%	16.0%	15.7%	6.7%	1.1%	2.9%
0/NONE	11324	1417	1548	1631	630	115	1271	1657	1775	815	134	331
	84.1%	92.3%	75.4%	84.0%	92.9%	96.6%	88.5%	77.0%	84.0%	90.8%	88.7%	85.5%
	100.0%	12.5%	13.7%	14.4%	5.6%	1.0%	11.2%	14.6%	15.7%	7.2%	1.2%	2.9%
1	519	39	144	83	14	-	37	113	67	13	1	8
	3.9%	2.5%	7.0%	4.3%	2.1%	0.0%	2.6%	5.2%	3.2%	1.4%	0.7%	2.1%
	100.0%	7.5%	27.7%	16.0%	2.7%	0.0%	7.1%	21.8%	12.9%	2.5%	0.2%	1.5%
2	464	28	118	56	4	1	46	114	65	17	4	11
	3.4%	1.8%	5.7%	2.9%	0.6%	0.8%	3.2%	5.3%	3.1%	1.9%	2.6%	2.8%
	100.0%	6.0%	25.4%	12.1%	0.9%	0.2%	9.9%	24.6%	14.0%	3.7%	0.9%	2.4%
3	259	16	70	33	3	-	17	63	37	8	1	11
	1.9%	1.0%	3.4%	1.7%	0.4%	0.0%	1.2%	2.9%	1.8%	0.9%	0.7%	2.8%
	100.0%	6.2%	27.0%	12.7%	1.2%	0.0%	6.6%	24.3%	14.3%	3.1%	0.4%	4.2%
4	178	8	39	25	4	-	11	51	29	4	1	6
	1.3%	0.5%	1.9%	1.3%	0.6%	0.0%	0.8%	2.4%	1.4%	0.4%	0.7%	1.6%
	100.0%	4.5%	21.9%	14.0%	2.2%	0.0%	6.2%	28.7%	16.3%	2.2%	0.6%	3.4%
5	177	8	41	29	4	-	17	45	23	6	-	4
	1.3%	0.5%	2.0%	1.5%	0.6%	0.0%	1.2%	2.1%	1.1%	0.7%	0.0%	1.0%
	100.0%	4.5%	23.2%	16.4%	2.3%	0.0%	9.6%	25.4%	13.0%	3.4%	0.0%	2.3%
6	63	1	11	14	2	-	3	16	13	2	-	1
	0.5%	0.1%	0.5%	0.7%	0.3%	0.0%	0.2%	0.7%	0.6%	0.2%	0.0%	0.3%
	100.0%	1.6%	17.5%	22.2%	3.2%	0.0%	4.8%	25.4%	20.6%	3.2%	0.0%	1.6%

National Family Opinion, Inc.

TABLE 30 (Cont'd.)

		MALE AGE					FEMALE AGE					
	TOTAL	21 YEARS AND UNDER	22-40 YEARS	41-64 YEARS	65 YEARS AND OVER	NO ANSWER TO AGE	21 YEARS AND UNDER	22-40 YEARS	41-64 YEARS	65 YEARS AND OVER	NO ANSWER TO AGE	NO ANSWER TO SEX
TOTAL	13466	1535	2054	1941	678	119	1436	2133	2114	898	151	387
	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%
	100.0%	11.4%	15.3%	14.4%	5.0%	0.9%	10.7%	16.0%	15.7%	6.7%	1.1%	2.9%
7	482	18	83	70	17	3	34	94	105	33	10	15
	3.4%	1.2%	4.0%	3.6%	2.5%	2.5%	2.4%	4.4%	5.0%	3.7%	6.6%	3.9%
	100.0%	3.7%	17.2%	14.5%	3.5%	0.6%	7.1%	19.5%	21.8%	6.8%	2.1%	3.1%

TABLE 31

LUNCH: MEAN NUMBER OF MEALS BY PLACE OF PREPARATION AND BY AGE AND SEX

		MALE AGE					FEMALE AGE					
	TOTAL	21 YEARS AND UNDER	22-40 YEARS	41-64 YEARS	65 YEARS AND OVER	NO ANSWER TO AGE	21 YEARS AND UNDER	22-40 YEARS	41-64 YEARS	65 YEARS AND OVER	NO ANSWER TO AGE	NO ANSWER TO SEX
LUNCH PREPARED PRIVATELY MEAN	3.87	3.05	3.59	3.73	4.74	2.45	3.05	4.32	4.49	4.80	3.35	3.23
LUNCH PREPARED COMMERCIALLY MEAN	2.01	3.27	2.27	2.16	0.94	1.71	3.10	1.60	1.33	0.79	1.18	1.94
LUNCH SKIPPED MEAN	0.36	0.23	0.78	0.37	0.29	0.19	0.39	0.80	0.64	0.40	0.37	0.36

National Family Opinion, Inc.

TABLE 32

LUNCH: PLACE OF PREPARATION BY RESPONDENTS' HOUSEHOLD INCOME AND HOUSEHOLD SIZE

		ANNUAL INCOME					HOUSEHOLD SIZE				
	TOTAL	UNDER $10000	$10000-14999	$15000-19999	$20000-24999	$25000 AND OVER	ONE MEMBER	TWO MEMBERS	THREE MEMBERS	FOUR MEMBERS	FIVE OR MORE MEMBERS
TOTAL	13466	2789	2280	2204	2288	3905	1702	3711	2420	2821	2812
	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%
	100.0%	20.7%	16.9%	16.4%	17.0%	29.0%	12.6%	27.6%	18.0%	20.9%	20.9%
LUNCH PREPARED PRIVATELY	13466	2789	2280	2204	2288	3905	1702	3711	2420	2821	2812
	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%
	100.0%	20.7%	16.9%	16.4%	17.0%	29.0%	12.6%	27.6%	18.0%	20.9%	20.9%
0/NONE	3271	771	577	458	542	923	492	897	547	655	680
	24.3%	27.6%	25.3%	20.8%	23.7%	23.6%	28.9%	24.2%	22.6%	23.2%	24.2%
	100.0%	23.6%	17.6%	14.0%	16.6%	28.2%	15.0%	27.4%	16.7%	20.0%	20.8%
1	385	63	44	47	70	161	54	94	67	106	64
	2.9%	2.3%	1.9%	2.1%	3.1%	4.1%	3.2%	2.5%	2.8%	3.8%	2.3%
	100.0%	16.4%	11.4%	12.2%	18.2%	41.8%	14.0%	24.4%	17.4%	27.5%	16.6%
2	1906	253	289	274	351	739	167	335	334	462	608
	14.2%	9.1%	12.7%	12.4%	15.3%	18.9%	9.8%	9.0%	13.8%	16.4%	21.6%
	100.0%	13.3%	15.2%	14.4%	18.4%	38.8%	8.8%	17.6%	17.5%	24.2%	31.9%
3	510	96	59	68	103	184	73	120	91	114	112
	3.8%	3.4%	2.6%	3.1%	4.5%	4.7%	4.3%	3.2%	3.8%	4.0%	4.0%
	100.0%	18.8%	11.6%	13.3%	20.2%	36.1%	14.3%	23.5%	17.8%	22.4%	22.0%
4	719	164	104	110	115	226	98	234	138	133	116
	5.3%	5.9%	4.6%	5.0%	5.0%	5.8%	5.8%	6.3%	5.7%	4.7%	4.1%
	100.0%	22.8%	14.5%	15.3%	16.0%	31.4%	13.6%	32.5%	19.2%	18.5%	16.1%
5	1060	195	167	188	198	312	138	287	201	247	187
	7.9%	7.0%	7.3%	8.5%	8.7%	8.0%	8.1%	7.7%	8.3%	8.8%	6.7%
	100.0%	18.4%	15.8%	17.7%	18.7%	29.4%	13.0%	27.1%	19.0%	23.3%	17.6%
6	1161	212	203	219	202	325	134	346	220	247	214
	8.6%	7.6%	8.9%	9.9%	8.8%	8.3%	7.9%	9.3%	9.1%	8.8%	7.6%
	100.0%	18.3%	17.5%	18.9%	17.4%	28.0%	11.5%	29.8%	18.9%	21.3%	18.4%
7	4454	1035	837	840	707	1035	546	1398	822	857	831
	33.1%	37.1%	36.7%	38.1%	30.9%	26.5%	32.1%	37.7%	34.0%	30.4%	29.6%
	100.0%	23.2%	18.8%	18.9%	15.9%	23.2%	12.3%	31.4%	18.5%	19.2%	18.7%
LUNCH PREPARED COMMERCIALLY	13466	2789	2280	2204	2288	3905	1702	3711	2420	2821	2812
	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%
	100.0%	20.7%	16.9%	16.4%	17.0%	29.0%	12.6%	27.6%	18.0%	20.9%	20.9%
0/NONE	6597	1634	1262	1162	1001	1538	909	2045	1187	1256	1180
	49.0%	58.6%	55.4%	52.7%	43.7%	39.4%	53.4%	55.6%	49.0%	44.5%	42.0%
	100.0%	24.8%	19.1%	17.6%	15.2%	23.3%	13.8%	31.3%	18.0%	19.0%	17.9%
1	1309	245	212	252	236	364	162	372	255	277	243
	9.7%	8.8%	9.3%	11.4%	10.3%	9.3%	9.5%	10.0%	10.5%	9.8%	8.6%
	100.0%	18.7%	16.2%	19.3%	18.0%	27.8%	12.4%	28.4%	19.5%	21.2%	18.6%
2	1082	192	170	174	205	341	140	302	201	251	188
	8.0%	6.9%	7.5%	7.9%	9.0%	8.7%	8.2%	8.1%	8.3%	8.9%	6.7%
	100.0%	17.7%	15.7%	16.1%	18.9%	31.5%	12.9%	27.9%	18.6%	23.2%	17.4%

National Family Opinion, Inc.

TABLE 32 (Cont'd.)

		ANNUAL INCOME					HOUSEHOLD SIZE				
	TOTAL	UNDER $10000	$10000-14999	$15000-19999	$20000-24999	$25000 AND OVER	ONE MEMBER	TWO MEMBERS	THREE MEMBERS	FOUR MEMBERS	FIVE OR MORE MEMBERS
TOTAL	13466	2789	2280	2204	2288	3905	1702	3711	2420	2821	2812
	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%
	100.0%	20.7%	16.9%	16.4%	17.0%	29.0%	12.6%	27.6%	18.0%	20.9%	20.9%
3	654	134	94	92	111	223	91	207	124	120	112
	4.9%	4.8%	4.1%	4.2%	4.9%	5.7%	5.3%	5.6%	5.1%	4.3%	4.0%
	100.0%	20.5%	14.4%	14.1%	17.0%	34.1%	13.9%	31.7%	19.0%	18.3%	17.1%
4	446	80	36	50	90	190	56	125	80	95	90
	3.3%	2.9%	1.6%	2.3%	3.9%	4.9%	3.3%	3.4%	3.3%	3.4%	3.2%
	100.0%	17.9%	8.1%	11.2%	20.2%	42.6%	12.6%	28.0%	17.9%	21.3%	20.2%
5	1768	199	273	244	340	712	148	311	301	447	561
	13.1%	7.1%	12.0%	11.1%	14.9%	18.2%	8.7%	8.4%	12.4%	15.8%	20.0%
	100.0%	11.3%	15.4%	13.8%	19.2%	40.3%	8.4%	17.6%	17.0%	25.3%	31.7%
6	282	49	32	40	47	114	43	64	56	75	44
	2.1%	1.8%	1.4%	1.8%	2.1%	2.9%	2.5%	1.7%	2.3%	2.7%	1.6%
	100.0%	17.4%	11.3%	14.2%	16.7%	40.4%	15.2%	22.7%	19.9%	26.6%	15.6%
7	1328	256	201	190	258	423	153	265	216	300	394
	9.9%	9.2%	8.8%	8.6%	11.3%	10.8%	9.0%	7.1%	8.9%	10.6%	14.0%
	100.0%	19.3%	15.1%	14.3%	19.4%	31.9%	11.5%	20.0%	16.3%	22.6%	29.7%
LUNCH SKIPPED	13466	2789	2280	2204	2288	3905	1702	3711	2420	2821	2812
	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%
	100.0%	20.7%	16.9%	16.4%	17.0%	29.0%	12.6%	27.6%	18.0%	20.9%	20.9%
0/NONE	11324	2324	1918	1890	1947	3245	1346	3147	2012	2379	2440
	84.1%	83.3%	84.1%	85.8%	85.1%	83.1%	79.1%	84.8%	83.1%	84.3%	86.8%
	100.0%	20.5%	16.9%	16.7%	17.2%	28.7%	11.9%	27.8%	17.8%	21.0%	21.5%
1	519	99	78	70	88	184	76	143	118	109	73
	3.9%	3.5%	3.4%	3.2%	3.8%	4.7%	4.5%	3.9%	4.9%	3.9%	2.6%
	100.0%	19.1%	15.0%	13.5%	17.0%	35.5%	14.6%	27.6%	22.7%	21.0%	14.1%
2	464	91	59	77	83	154	83	108	79	107	87
	3.4%	3.3%	2.6%	3.5%	3.6%	3.9%	4.9%	2.9%	3.3%	3.8%	3.1%
	100.0%	19.6%	12.7%	16.6%	17.9%	33.2%	17.9%	23.3%	17.0%	23.1%	18.7%
3	259	55	42	42	48	72	39	63	59	51	47
	1.9%	2.0%	1.8%	1.9%	2.1%	1.8%	2.3%	1.7%	2.4%	1.8%	1.7%
	100.0%	21.2%	16.2%	16.2%	18.5%	27.8%	15.1%	24.3%	22.8%	19.7%	18.1%
4	178	40	28	32	30	48	30	43	35	35	35
	1.3%	1.4%	1.2%	1.5%	1.3%	1.2%	1.8%	1.2%	1.4%	1.2%	1.2%
	100.0%	22.5%	15.7%	18.0%	16.9%	27.0%	16.9%	24.2%	19.7%	19.7%	19.7%
5	177	46	26	29	18	58	31	43	25	35	43
	1.3%	1.6%	1.1%	1.3%	0.8%	1.5%	1.8%	1.2%	1.0%	1.2%	1.5%
	100.0%	26.0%	14.7%	16.4%	10.2%	32.8%	17.5%	24.3%	14.1%	19.8%	24.3%
6	63	12	11	9	7	24	10	21	9	12	11
	0.5%	0.4%	0.5%	0.4%	0.3%	0.6%	0.6%	0.6%	0.4%	0.4%	0.4%
	100.0%	19.0%	17.5%	14.3%	11.1%	38.1%	15.9%	33.3%	14.3%	19.0%	17.5%

National Family Opinion, Inc.

TABLE 32 (Cont'd.)

		ANNUAL INCOME					HOUSEHOLD SIZE				
	TOTAL	UNDER $10000	$10000-14999	$15000-19999	$20000-24999	$25000 AND OVER	ONE MEMBER	TWO MEMBERS	THREE MEMBERS	FOUR MEMBERS	FIVE OR MORE MEMBERS
TOTAL	13466	2789	2280	2204	2288	3905	1702	3711	2420	2821	2812
	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%
	100.0%	20.7%	16.9%	16.4%	17.0%	29.0%	12.6%	27.6%	18.0%	20.9%	20.9%
7	482	122	118	55	67	120	87	143	83	93	76
	3.6%	4.4%	5.2%	2.5%	2.9%	3.1%	5.1%	3.9%	3.4%	3.3%	2.7%
	100.0%	25.3%	24.5%	11.4%	13.9%	24.9%	18.0%	29.7%	17.2%	19.3%	15.8%

National Family Opinion, Inc.

TABLE 33

LUNCH: MEAN NUMBER OF MEALS BY PLACE OF PREPARATION AND BY RESPONDENTS' HOUSEHOLD INCOME AND HOUSEHOLD SIZE

		ANNUAL INCOME					HOUSEHOLD SIZE				
	TOTAL	UNDER $10000	$10000-14999	$15000-19999	$20000-24999	$25000 AND OVER	ONE MEMBER	TWO MEMBERS	THREE MEMBERS	FOUR MEMBERS	FIVE OR MORE MEMBERS
LUNCH PREPARED PRIVATELY MEAN	3.87	3.95	4.00	4.25	3.80	3.55	3.71	4.14	3.98	3.76	3.60
LUNCH PREPARED COMMERCIALLY MEAN	2.01	1.59	1.73	1.75	2.24	2.48	1.77	1.59	1.94	2.23	2.34
LUNCH SKIPPED MEAN	0.56	0.63	0.64	0.48	0.49	0.56	0.77	0.56	0.56	0.54	0.48

TABLE 34

DINNER: PLACE OF PREPARATION BY AGE AND SEX

		MALE AGE					FEMALE AGE					
	TOTAL	21 YEARS AND UNDER	22-40 YEARS	41-64 YEARS	65 YEARS AND OVER	NO ANSWER TO AGE	21 YEARS AND UNDER	22-40 YEARS	41-64 YEARS	65 YEARS AND OVER	NO ANSWER TO AGE	NO ANSWER TO SEX
TOTAL	13466	1535	2054	1941	678	119	1436	2153	2114	898	151	387
	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%
	100.0%	11.4%	15.3%	14.4%	5.0%	0.9%	10.7%	16.0%	15.7%	6.7%	1.1%	2.9%
DINNER PREPARED PRIVATELY	13466	1535	2054	1941	678	119	1436	2153	2114	898	151	387
	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%
	100.0%	11.4%	15.3%	14.4%	5.0%	0.9%	10.7%	16.0%	15.7%	6.7%	1.1%	2.9%
0/HOME	1527	152	179	223	132	49	142	114	232	173	38	93
	11.3%	9.9%	8.7%	11.5%	19.5%	41.2%	9.9%	5.3%	11.0%	19.3%	25.2%	24.0%
	100.0%	10.0%	11.7%	14.6%	8.6%	3.2%	9.3%	7.5%	15.2%	11.3%	2.5%	6.1%
1	113	10	28	24	4	-	11	21	9	5	-	1
	0.8%	0.7%	1.4%	1.2%	0.6%	0.0%	0.8%	1.0%	0.4%	0.6%	0.0%	0.3%
	100.0%	8.8%	24.8%	21.2%	3.5%	0.0%	9.7%	18.6%	8.0%	4.4%	0.0%	0.9%
2	312	34	75	52	12	1	26	59	34	12	-	7
	2.3%	2.2%	3.7%	2.7%	1.8%	0.8%	1.8%	2.7%	1.6%	1.3%	0.0%	1.8%
	100.0%	10.9%	24.0%	16.7%	3.8%	0.3%	8.3%	18.9%	10.9%	3.8%	0.0%	2.2%
3	443	28	97	73	20	2	42	87	63	22	2	7
	3.3%	1.8%	4.7%	3.8%	2.9%	1.7%	2.9%	4.0%	3.0%	2.4%	1.3%	1.8%
	100.0%	6.3%	21.9%	16.5%	4.5%	0.5%	9.5%	19.6%	14.2%	5.0%	0.5%	1.6%
4	906	83	159	159	36	-	92	152	154	44	4	23
	6.7%	5.4%	7.7%	8.2%	5.3%	0.0%	6.4%	7.1%	7.3%	4.9%	2.6%	5.9%
	100.0%	9.2%	17.5%	17.5%	4.0%	0.0%	10.2%	16.8%	17.0%	4.9%	0.4%	2.5%
5	1844	171	331	297	75	11	186	351	296	75	15	36
	13.7%	11.1%	16.1%	15.3%	11.1%	9.2%	13.0%	16.3%	14.0%	8.4%	9.9%	9.3%
	100.0%	9.3%	18.0%	16.1%	4.1%	0.6%	10.1%	19.0%	16.1%	4.1%	0.8%	2.0%
6	2600	287	411	386	120	8	270	509	423	120	11	35
	19.3%	18.7%	20.0%	19.9%	17.7%	6.7%	18.8%	23.6%	20.0%	13.4%	7.3%	14.2%
	100.0%	11.0%	15.8%	14.8%	4.6%	0.3%	10.4%	19.6%	16.3%	4.6%	0.4%	2.1%
7	5721	770	774	727	279	48	667	860	903	447	81	165
	42.5%	50.2%	37.7%	37.5%	41.2%	40.3%	46.4%	39.9%	42.7%	49.8%	53.6%	42.6%
	100.0%	13.5%	13.5%	12.7%	4.9%	0.8%	11.7%	15.0%	15.8%	7.8%	1.4%	2.9%
DINNER PREPARED COMMERCIALLY	13466	1535	2054	1941	678	119	1436	2153	2114	898	151	387
	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%
	100.0%	11.4%	15.3%	14.4%	5.0%	0.9%	10.7%	16.0%	15.7%	6.7%	1.1%	2.9%
0/HOME	7082	903	931	912	386	92	791	1007	1097	395	113	255
	52.6%	58.8%	45.3%	47.0%	56.9%	77.3%	55.1%	46.8%	51.9%	44.3%	74.8%	65.9%
	100.0%	12.8%	13.1%	12.9%	5.5%	1.3%	11.2%	14.2%	15.5%	8.4%	1.6%	3.6%
1	2671	290	434	391	120	8	273	538	426	121	12	58
	19.8%	18.9%	21.1%	20.1%	17.7%	6.7%	19.0%	25.0%	20.2%	13.5%	7.9%	15.0%
	100.0%	10.9%	16.2%	14.6%	4.5%	0.3%	10.2%	20.1%	15.9%	4.5%	0.4%	2.2%
2	1811	168	324	296	74	11	192	335	291	72	16	32
	13.4%	10.9%	15.8%	15.2%	10.9%	9.2%	13.4%	15.6%	13.8%	8.0%	10.6%	8.3%
	100.0%	9.3%	17.9%	16.3%	4.1%	0.6%	10.6%	18.5%	16.1%	4.0%	0.9%	1.8%

National Family Opinion, Inc.

TABLE 34 (Cont'd.)

		MALE AGE					FEMALE AGE					
	TOTAL	21 YEARS AND UNDER	22-40 YEARS	41-64 YEARS	65 YEARS AND OVER	NO ANSWER TO AGE	21 YEARS AND UNDER	22-40 YEARS	41-64 YEARS	65 YEARS AND OV...	NO ANSWER TO AGE	NO ANSWER TO SEX
TOTAL	13466	1535	2054	1941	678	119	1436	2153	2114	898	151	387
	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%
	100.0%	11.4%	15.3%	14.4%	5.0%	0.9%	10.7%	16.0%	15.7%	6.7%	1.1%	2.9%
3	825	74	143	156	27	-	80	130	139	44	4	18
	6.1%	4.8%	7.0%	8.0%	3.9%	0.0%	5.6%	6.0%	6.6%	4.9%	2.6%	4.7%
	100.0%	9.0%	17.3%	18.9%	4.5%	0.0%	9.7%	15.8%	16.8%	5.3%	0.5%	2.2%
4	391	27	86	67	20	4	33	67	62	19	1	5
	2.9%	1.8%	4.2%	3.5%	2.9%	3.4%	2.3%	3.1%	2.9%	2.1%	0.7%	1.3%
	100.0%	6.9%	22.0%	17.1%	5.1%	1.0%	8.4%	17.1%	15.9%	4.9%	0.3%	1.3%
5	258	30	64	46	10	-	23	38	30	10	-	7
	1.9%	2.0%	3.1%	2.4%	1.5%	0.0%	1.6%	1.8%	1.4%	1.1%	0.0%	1.8%
	100.0%	11.6%	24.8%	17.8%	3.9%	0.0%	8.9%	14.7%	11.6%	3.9%	0.0%	2.7%
6	85	8	20	22	4	1	6	10	7	5	1	1
	0.6%	0.5%	1.0%	1.1%	0.6%	0.8%	0.4%	0.5%	0.3%	0.6%	0.7%	0.3%
	100.0%	9.4%	23.5%	25.9%	4.7%	1.2%	7.1%	11.8%	8.2%	5.9%	1.2%	1.2%
7	343	35	52	51	27	3	38	24	62	32	4	11
	2.5%	2.3%	2.5%	2.6%	4.0%	2.5%	2.6%	1.1%	2.9%	3.6%	2.6%	2.8%
	100.0%	10.2%	15.2%	14.9%	7.9%	0.9%	11.1%	8.2%	18.1%	9.3%	1.2%	3.2%
DINNER SKIPPED	13466	1535	2054	1941	678	119	1436	2153	2114	898	151	387
	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%
	100.0%	11.4%	15.3%	14.4%	5.0%	0.9%	10.7%	16.0%	15.7%	6.7%	1.1%	2.9%
0/NONE	12813	1491	1991	1875	670	112	1372	1957	2048	875	144	348
	95.2%	97.1%	72.6%	96.6%	98.8%	94.1%	95.5%	90.9%	96.9%	97.4%	95.4%	93.1%
	100.0%	11.6%	14.8%	14.6%	5.2%	0.9%	10.7%	15.3%	16.0%	6.8%	1.1%	2.9%
1	298	17	73	32	4	3	24	105	28	7	2	3
	2.2%	1.1%	3.6%	1.6%	0.6%	2.5%	1.7%	4.9%	1.3%	0.8%	1.3%	0.8%
	100.0%	5.7%	24.5%	10.7%	1.3%	1.0%	8.1%	35.2%	9.4%	2.3%	0.7%	1.0%
2	149	8	41	16	1	-	14	40	17	4	2	6
	1.1%	0.5%	2.0%	0.8%	0.1%	0.0%	1.0%	1.9%	0.8%	0.4%	1.3%	1.6%
	100.0%	5.4%	27.5%	10.7%	0.7%	0.0%	9.4%	26.8%	11.4%	2.7%	1.3%	4.0%
3	86	10	16	3	1	3	15	21	8	4	1	4
	0.6%	0.7%	0.8%	0.2%	0.1%	2.5%	1.0%	1.0%	0.4%	0.4%	0.7%	1.0%
	100.0%	11.6%	18.6%	3.5%	1.2%	3.5%	17.4%	24.4%	9.3%	4.7%	1.2%	4.7%
4	34	3	6	2	-	-	4	14	3	-	-	2
	0.3%	0.2%	0.3%	0.1%	0.0%	0.0%	0.2%	0.7%	0.1%	0.0%	0.0%	0.5%
	100.0%	8.8%	17.6%	5.9%	0.0%	0.0%	11.8%	41.2%	8.8%	0.0%	0.0%	5.9%
5	17	1	4	1	-	-	2	8	1	-	-	-
	0.1%	0.1%	0.2%	0.1%	0.0%	0.0%	0.1%	0.4%	0.0%	0.0%	0.0%	0.0%
	100.0%	5.9%	23.5%	5.9%	0.0%	0.0%	11.8%	47.1%	5.9%	0.0%	0.0%	0.0%
6	9	-	5	-	-	-	-	3	1	-	-	-
	0.1%	0.0%	0.2%	0.0%	0.0%	0.0%	0.0%	0.1%	0.0%	0.0%	0.0%	0.0%
	100.0%	0.0%	55.6%	0.0%	0.0%	0.0%	0.0%	33.3%	11.1%	0.0%	0.0%	0.0%

TABLE 34 (Cont'd.)

		MALE AGE					FEMALE AGE					
	TOTAL	21 YEARS AND UNDER	22-40 YEARS	41-64 YEARS	65 YEARS AND OVER	NO ANSWER TO AGE	21 YEARS AND UNDER	22-40 YEARS	41-64 YEARS	65 YEARS AND OVER	NO ANSWER TO AGE	NO ANSWER TO SEX
TOTAL	13466	1535	2054	1941	678	119	1436	2153	2114	898	151	387
	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%
	100.0%	11.4%	15.2%	14.4%	5.0%	0.9%	10.7%	16.0%	15.7%	6.7%	1.1%	2.9%
7	60	5	8	12	2	1	5	3	8	8	2	4
	0.4%	0.3%	0.4%	0.6%	0.3%	0.8%	0.3%	0.2%	0.4%	0.9%	1.3%	1.0%
	100.0%	8.3%	13.3%	20.0%	3.3%	1.7%	8.3%	5.0%	13.3%	13.3%	3.3%	6.7%

National Family Opinion, Inc.

TABLE 35

DINNER: MEAN NUMBER OF MEALS BY PLACE OF PREPARATION AND BY AGE AND SEX

		MALE AGE					FEMALE AGE					
	TOTAL	21 YEARS AND UNDER	22-40 YEARS	41-64 YEARS	65 YEARS AND OVER	NO ANSWER TO AGE	21 YEARS AND UNDER	22-40 YEARS	41-64 YEARS	65 YEARS AND OVER	NO ANSWER TO AGE	NO ANSWER TO SEX
DINNER PREPARED PRIVATELY MEAN	5.24	5.31	5.18	5.09	4.84	3.76	5.42	5.30	5.31	5.01	4.83	4.63
DINNER PREPARED COMMERCIALLY MEAN	1.08	0.91	1.29	1.26	1.06	0.61	1.01	1.07	1.09	0.87	0.62	0.81
DINNER SKIPPED MEAN	0.12	0.07	0.16	0.09	0.03	0.16	0.11	0.18	0.08	0.09	0.13	0.16

National Family Opinion, Inc.

TABLE 36

DINNER: PLACE OF PREPARATION BY RESPONDENTS' HOUSEHOLD INCOME AND HOUSEHOLD SIZE

		ANNUAL INCOME					HOUSEHOLD SIZE				
	TOTAL	UNDER $10000	$10000-14999	$15000-19999	$20000-24999	$25000 AND OVER	ONE MEMBER	TWO MEMBERS	THREE MEMBERS	FOUR MEMBERS	FIVE OR MORE MEMBERS
TOTAL	13466	2789	2280	2204	2288	3905	1702	3711	2420	2821	2812
	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%
	100.0%	20.7%	16.9%	16.4%	17.0%	29.0%	12.6%	27.6%	18.0%	20.9%	20.9%
DINNER PREPARED PRIVATELY	13466	2789	2280	2204	2288	3905	1702	3711	2420	2821	2812
	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%
	100.0%	20.7%	16.9%	16.4%	17.0%	29.0%	12.6%	27.6%	18.0%	20.9%	20.9%
0/NONE	1527	445	285	237	215	345	287	533	246	262	199
	11.3%	16.0%	12.5%	10.8%	9.4%	8.8%	16.9%	14.4%	10.2%	9.3%	7.1%
	100.0%	29.1%	18.7%	15.5%	14.1%	22.6%	18.8%	34.9%	16.1%	17.2%	13.0%
1	113	24	11	13	23	42	41	27	14	14	17
	0.8%	0.9%	0.5%	0.6%	1.0%	1.1%	2.4%	0.7%	0.6%	0.5%	0.6%
	100.0%	21.2%	9.7%	11.5%	20.4%	37.2%	36.3%	23.9%	12.4%	12.4%	15.0%
2	312	57	49	40	47	119	65	86	60	53	48
	2.3%	2.0%	2.1%	1.8%	2.1%	3.0%	3.8%	2.3%	2.5%	1.9%	1.7%
	100.0%	18.3%	15.7%	12.8%	15.1%	38.1%	20.8%	27.6%	19.2%	17.0%	15.4%
3	443	93	59	50	68	173	104	141	73	58	67
	3.3%	3.3%	2.6%	2.3%	3.0%	4.4%	6.1%	3.8%	3.0%	2.1%	2.4%
	100.0%	21.0%	13.3%	11.3%	15.3%	39.1%	23.5%	31.8%	16.5%	13.1%	15.1%
4	906	167	114	133	142	350	128	282	163	199	134
	6.7%	6.0%	5.0%	6.0%	6.2%	9.0%	7.5%	7.6%	6.7%	7.1%	4.8%
	100.0%	18.4%	12.6%	14.7%	15.7%	38.6%	14.1%	31.1%	18.0%	22.0%	14.8%
5	1844	298	278	275	330	663	209	562	394	343	336
	13.7%	10.7%	12.2%	12.5%	14.4%	17.0%	12.3%	15.1%	16.3%	12.2%	11.9%
	100.0%	16.2%	15.1%	14.9%	17.9%	36.0%	11.3%	30.5%	21.4%	18.6%	18.2%
6	2600	386	399	456	503	856	209	689	529	664	509
	19.3%	13.8%	17.5%	20.7%	22.0%	21.9%	12.3%	18.6%	21.9%	23.5%	18.1%
	100.0%	14.8%	15.3%	17.5%	19.3%	32.9%	8.0%	26.5%	20.3%	25.5%	19.6%
7	5721	1319	1085	1000	960	1357	659	1391	941	1228	1502
	42.5%	47.3%	47.6%	45.4%	42.0%	34.8%	38.7%	37.5%	38.9%	43.5%	53.4%
	100.0%	23.1%	19.0%	17.5%	16.8%	23.7%	11.5%	24.3%	16.4%	21.5%	26.3%
DINNER PREPARED COMMERCIALLY	13466	2789	2280	2204	2288	3905	1702	3711	2420	2821	2812
	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%
	100.0%	20.7%	16.9%	16.4%	17.0%	29.0%	12.6%	27.6%	18.0%	20.9%	20.9%
0/NONE	7082	1714	1347	1214	1166	1641	886	1850	1168	1498	1680
	52.6%	61.5%	59.1%	55.1%	51.0%	42.0%	52.1%	49.9%	48.3%	53.1%	59.7%
	100.0%	24.2%	19.0%	17.1%	16.5%	23.2%	12.5%	26.1%	16.5%	21.2%	23.7%
1	2671	407	405	477	505	877	234	710	532	672	523
	19.8%	14.6%	17.8%	21.6%	22.1%	22.5%	13.7%	19.1%	22.0%	23.8%	18.6%
	100.0%	15.2%	15.2%	17.9%	18.9%	32.8%	8.8%	26.6%	19.9%	25.2%	19.6%
2	1811	277	270	268	322	674	202	560	385	330	334
	13.4%	9.9%	11.8%	12.2%	14.1%	17.3%	11.9%	15.1%	15.9%	11.7%	11.9%
	100.0%	15.3%	14.9%	14.8%	17.8%	37.2%	11.2%	30.9%	21.3%	18.2%	18.4%

National Family Opinion, Inc.

TABLE 36 (Cont'd.)

		ANNUAL INCOME					HOUSEHOLD SIZE				
	TOTAL	UNDER $10000	$10000-14999	$15000-19999	$20000-24999	$25000 AND OVER	ONE MEMBER	TWO MEMBERS	THREE MEMBERS	FOUR MEMBERS	FIVE OR MORE MEMBERS
TOTAL	13464	2789	2280	2204	2288	3905	1702	3711	2420	2821	2812
	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%
	100.0%	20.7%	16.9%	16.4%	17.0%	29.0%	12.6%	27.6%	18.0%	20.9%	20.9%
3	825	153	93	118	134	327	125	260	150	180	110
	6.1%	5.5%	4.1%	5.4%	5.9%	8.4%	7.3%	7.0%	6.2%	6.4%	3.9%
	100.0%	18.5%	11.3%	14.3%	16.2%	39.6%	15.2%	31.5%	18.2%	21.8%	13.3%
4	391	80	50	42	60	159	87	134	70	44	56
	2.9%	2.9%	2.2%	1.9%	2.6%	4.1%	5.1%	3.6%	2.9%	1.6%	2.0%
	100.0%	20.5%	12.8%	10.7%	15.3%	40.7%	22.3%	34.3%	17.9%	11.3%	14.3%
5	258	45	42	32	36	103	55	73	49	42	39
	1.9%	1.6%	1.8%	1.5%	1.6%	2.6%	3.2%	2.0%	2.0%	1.5%	1.4%
	100.0%	17.4%	16.3%	12.4%	14.0%	39.9%	21.3%	28.3%	19.0%	16.3%	15.1%
6	85	19	5	7	23	31	28	21	12	10	14
	0.6%	0.7%	0.2%	0.3%	1.0%	0.8%	1.6%	0.6%	0.5%	0.4%	0.5%
	100.0%	22.4%	5.9%	8.2%	27.1%	36.5%	32.9%	24.7%	14.1%	11.8%	16.5%
7	343	94	68	46	42	93	85	103	54	45	56
	2.5%	3.4%	3.0%	2.1%	1.8%	2.4%	5.0%	2.8%	2.2%	1.6%	2.0%
	100.0%	27.4%	19.8%	13.4%	12.2%	27.1%	24.8%	30.0%	15.7%	13.1%	16.3%
DINNER SKIPPED	13466	2789	2280	2204	2288	3905	1702	3711	2420	2821	2812
	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%
	100.0%	20.7%	16.9%	16.4%	17.0%	29.0%	12.6%	27.6%	18.0%	20.9%	20.9%
0/NONE	12813	2608	2172	2107	2181	3745	1549	3546	2319	2690	2709
	95.2%	93.5%	95.3%	95.6%	95.3%	95.9%	91.0%	95.6%	95.8%	95.4%	96.3%
	100.0%	20.4%	17.0%	16.4%	17.0%	29.2%	12.1%	27.7%	18.1%	21.0%	21.1%
1	298	77	39	41	52	89	56	93	53	56	40
	2.2%	2.8%	1.7%	1.9%	2.3%	2.3%	3.3%	2.5%	2.2%	2.0%	1.4%
	100.0%	25.8%	13.1%	13.8%	17.4%	29.9%	18.8%	31.2%	17.8%	18.8%	13.4%
2	149	44	22	25	25	33	45	30	23	33	18
	1.1%	1.6%	1.0%	1.1%	1.1%	0.8%	2.6%	0.8%	1.0%	1.2%	0.6%
	100.0%	29.5%	14.8%	16.8%	16.8%	22.1%	30.2%	20.1%	15.4%	22.1%	12.1%
3	86	30	18	13	10	15	26	14	14	13	19
	0.6%	1.1%	0.8%	0.6%	0.4%	0.4%	1.5%	0.4%	0.6%	0.5%	0.7%
	100.0%	34.9%	20.9%	15.1%	11.6%	17.4%	30.2%	16.3%	16.3%	15.1%	22.1%
4	34	6	9	5	6	8	9	7	4	7	7
	0.3%	0.2%	0.4%	0.2%	0.3%	0.2%	0.5%	0.2%	0.2%	0.2%	0.2%
	100.0%	17.6%	26.5%	14.7%	17.6%	23.5%	26.5%	20.6%	11.8%	20.6%	20.6%
5	17	5	1	2	3	4	4	4	1	6	2
	0.1%	0.2%	0.0%	0.1%	0.2%	0.1%	0.2%	0.1%	0.0%	0.2%	0.1%
	100.0%	29.4%	5.9%	11.8%	29.4%	23.5%	23.5%	23.5%	5.9%	35.3%	11.8%
6	9	1	3	-	-	1	2	2	1	2	2
	0.1%	0.0%	0.2%	0.0%	0.0%	0.1%	0.1%	0.1%	0.0%	0.1%	0.1%
	100.0%	11.1%	33.4%	0.0%	0.0%	33.3%	22.2%	22.2%	11.1%	22.2%	22.2%

National Family Opinion, Inc.

TABLE 36 (Cont'd.)

		ANNUAL INCOME					HOUSEHOLD SIZE				
	TOTAL	UNDER $10000	$10000-14999	$15000-19999	$20000-24999	$25000 AND OVER	ONE MEMBER	TWO MEMBERS	THREE MEMBERS	FOUR MEMBERS	FIVE OR MORE MEMBERS
TOTAL	13466	2789	2280	2204	2288	3905	1702	3711	2420	2821	2812
	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%
	100.0%	20.7%	16.9%	16.4%	17.0%	29.0%	12.6%	27.6%	18.0%	20.9%	20.9%
7	60	18	14	11	9	8	11	15	5	14	15
	0.4%	0.6%	0.6%	0.5%	0.4%	0.2%	0.6%	0.4%	0.2%	0.5%	0.5%
	100.0%	30.0%	23.3%	18.3%	15.0%	13.3%	18.3%	25.0%	8.3%	23.3%	25.0%

TABLE 37

DINNER: MEAN NUMBER OF MEALS BY PLACE OF PREPARATION AND BY RESPONDENTS' HOUSEHOLD INCOME AND HOUSEHOLD SIZE

		ANNUAL INCOME					HOUSEHOLD SIZE				
	TOTAL	UNDER $10000	$10000-14999	$15000-19999	$20000-24999	$25000 AND OVER	ONE MEMBER	TWO MEMBERS	THREE MEMBERS	FOUR MEMBERS	FIVE OR MORE MEMBERS
DINNER PREPARED PRIVATELY MEAN	5.24	5.06	5.32	5.39	5.37	5.16	4.65	4.97	5.24	5.45	5.72
DINNER PREPARED COMMERCIALLY MEAN	1.08	0.98	0.94	0.93	1.05	1.33	1.41	1.17	1.13	0.93	0.86
DINNER SKIPPED MEAN	0.12	0.16	0.13	0.11	0.11	0.08	0.22	0.10	0.08	0.12	0.10

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TABLE 38

COMPARISON OF COMPLETED QUESTIONNAIRES WITH THE SAMPLE SELECTED

		Total Outso		Total Returns	
TOTAL		10000	100.0%	6149	100.0%
GEO	New England	590	5.9%	353	5.7%
	Middle Atlantic	1660	16.6%	1069	17.4%
	East North Central	1881	18.8%	1227	20.0%
	West North Central	800	8.0%	529	8.6%
	South Atlantic	1624	16.2%	967	15.7%
	East South Central	592	5.9%	333	5.4%
	West South Central	1023	10.2%	575	9.4%
	Mountain	444	4.4%	272	4.4%
	Pacific	1386	13.9%	824	13.4%
POP	Rural & Cities 2500-49,999	2760	27.6%	1704	27.7%
	Metropolitan Areas	1888	18.9%	1178	19.5%
	500,000-1,999,999	2650	26.5%	1612	26.2%
	2,000,000 and over	2702	27.0%	1635	26.6%
AGE	Under 30 years	1660	16.6%	964	15.7%
	30-39 years	1762	17.6%	1058	17.2%
	40-49 years	1339	13.4%	780	12.7%
	50-59 years	1313	13.1%	866	14.1%
	60 years and over	1268	12.7%	892	14.5%
	Male under 35	530	5.3%	281	4.6%
	Male 35 and over	564	5.6%	367	6.0%
	Female under 35	344	3.4%	206	3.4%
	Female 35 and over	1220	12.2%	735	12.0%
INC	Under $10,000	2981	29.8%	1770	28.8%
	$10,000-$14,999	1623	16.2%	1043	17.0%
	$15,000-$19,999	1450	14.5%	927	15.1%
	$20,000-$24,999	1340	13.4%	876	14.2%
	$25,000 and over	2586	25.9%	1533	24.9%

National Family Opinion, Inc.

TABLE 38 (Cont'd.)

	Total Cutso		Total Returns	
TOTAL	10000	100.0%	6149	100.0%
FAMILY SIZE 1	2418	24.2%	1432	23.6%
2	2995	30.0%	1987	32.3%
3	1696	17.0%	1047	17.0%
4	1580	15.8%	946	15.4%
5 or more	1311	13.1%	717	11.7%

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SAMPLE QUESTIONNAIRE

Record for the PAST 7 DAYS, for the 5 oldest family members (age 8 or over and living at home) the number of meals prepared privately at home (or a friend's home) or prepared commercially (in a restaurant, school or work cafeteria). If you respond for another person and do not recall the number of meals please ask that individual. The total # for each meal for each family member must = 7. Do not include any between meal snacks.

FAMILY MEMBERS: AGE:	SEX: M	SEX: F	BREAKFAST			LUNCH			DINNER		
			PREPARED PRIVATELY AT HOME OR AT FRIEND'S HOME	PREPARED COMMERCIALLY (restaurant, school or work cafeteria)	SKIPPED BREAKFAST	PREPARED PRIVATELY AT HOME OR AT FRIEND'S HOME	PREPARED COMMERCIALLY (restaurant, school or work cafeteria)	SKIPPED LUNCH	PREPARED PRIVATELY AT HOME OR AT FRIEND'S HOME	PREPARED COMMERCIALLY (restaurant, school or work cafeteria)	SKIPPED DINNER
____	1 ☐	2 ☐	____	____	____	____	____	____	____	____	____
____	1 ☐	2 ☐	____	____	____	____	____	____	____	____	____
____	1 ☐	2 ☐	____	____	____	____	____	____	____	____	____
____	1 ☐	2 ☐	____	____	____	____	____	____	____	____	____
____	1 ☐	2 ☐	____	____	____	____	____	____	____	____	____